



HERE COMES THE BOOM!

IN DAY 1 OF OUR THREE PART SERIES, METRO EXPLORES THE NEW FRONTIER OF FRACKING — BRITISH COLUMBIA PAGE 14215

Where is Rob Ford?

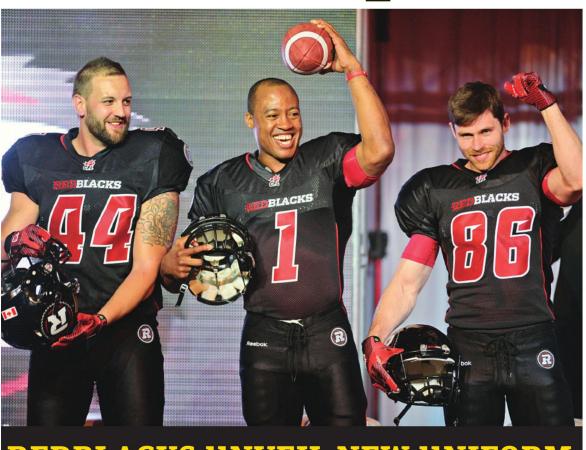
Lawyer of Toronto mayor insists his client is in rehab, despite reports Ford turned around at the U.S. border

Seth Rogen's inner manchild grows up

The 32-year-old takes up a lot of responsibility in the comedy Neighbors

PAGE 20 & 21





REDBLACKS UNVEIL NEW UNIFORM

Redblacks veteran CFL quarterback Henry Burris, centre, sports the team's new home uniform alongside teammates in Ottawa on Tuesday at a special unveiling event for season-ticket holders. See story, page 34. SEAN KILPATRICK/THE CANADIAN PRESS

Ottawa measles outbreak sickens health budget

Effort. Workers put in 1,400 hours of work, solely dedicated to the outbreak



TREVOR GREENWAY

Ottawa Public Health (OPH) will ask the provincial government for financial assistance, as a two-month measles outbreak earlier this year has put it \$28,000 over budget in its first quarter.

While it's not known exactly how much the four cases of measles cost the city's health agency, Spokesperson Donna Casey says it is the main cause of the early deficit.

"Whenever measles occurs in the community, it elicits a response that is very rapid when it comes to a public health response, because the immunization rate for most people is very high," said Casey. "Most people are immunized against measles; however, when there is a case in the community, public health agencies have to act really quickly."

Although the outbreak was limited to only four cases, it spanned almost two months and heavily involved the city's health resources almost "around the clock."

From the first case of measles in early March until it was declared over in April, public health put in 1,400 hours of work, solely dedicated to the outbreak. The outbreak involved 60 public health employees who did everything from calling more than 200 potentially affected people a day to "contact tracing" to determine how far the disease may have spread.

"We have our regular budget for infectious diseases, which is our run-of-the-mill, what we do. But then you have a special outbreak, a public health unit can go and apply for that special funding," said Casey.



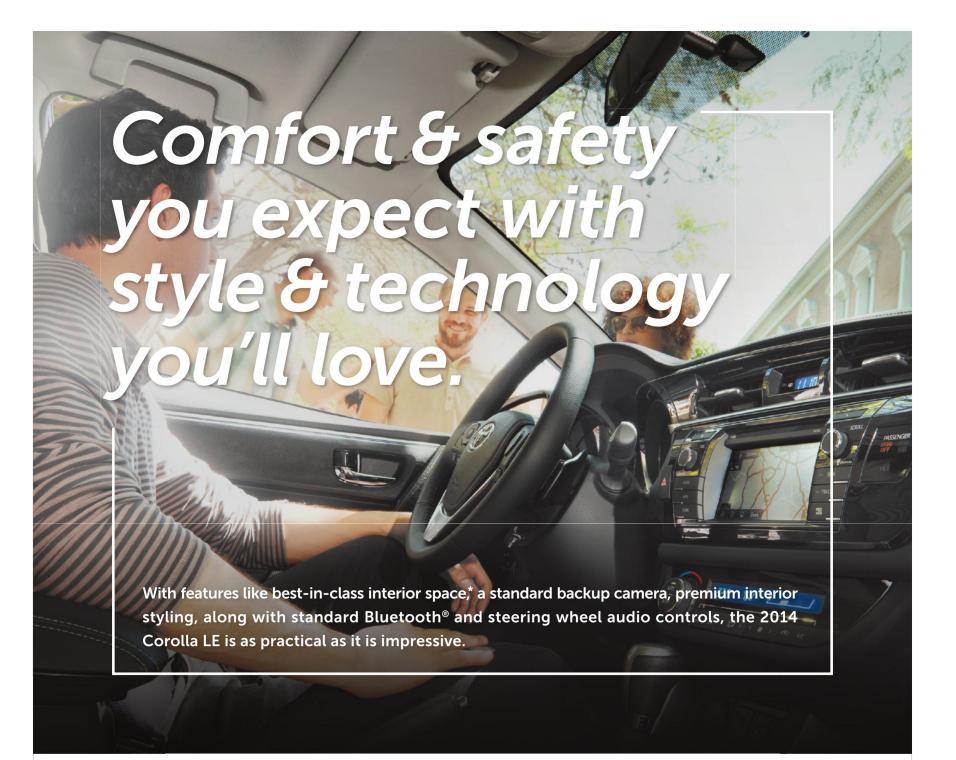
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Orleans

Realtor accused of attempted murder returns to court

An Ottawa realtor accused of attempting to murder his wife made his first court appearance Tuesday since being denied bail.

Chris Hoare, 44, will return to court again on May 20, according to his lawyer. He remains in custody. Hoare was charged on April 2 after police responded to a call for a disturbance at his home in Orleans.

On Monday Labib Khawas, 55, was formally charged with attempted murder in an unrelated incident involving an attack on Khawas' wife and daughter on Saturday. METRO

West end

Toddler survives two-storey fall

A four-year-old boy is in stable condition after falling from a second-storey window and "narrowly missing" a ground-level air conditioner in Ottawa's west end, paramedics said Tuesday.

Paramedics were called to the residence on Churchill Avenue North at 1:22 p.m. to find the boy back inside the home. He was alert when they arrived and treated him for a small cut on his leg. Paramedics offered the following tips for parents to prevent similar incidents from happening:

Keep all furniture away from windows; if your residence has a balcony, keep the door closed and locked and install window or door safety devices. The weight of even small children can easily break a window or door screen. JOE LOFARO/METRO



Ottawa school bus authority cuts Stock

Transportation.

Group hires three new companies to take over student bus routes



TREVOR GREENWAY

Hundreds of bus drivers with Stock Transportation are being laid off after the Ottawa Student Transportation Authority (OSTA) signed new contracts with three new bus companies Tuesday.

But OSTA general manager Vicky Kyriaco says most of those drivers won't be out of work come September, as many will continue driving the same kids along the same routes.

'Stock and OSTA couldn't achieve an agreement. They have been a long-standing part of our system, so we are sorry to see them go," said Kyriaco, who said contract negotiations broke down at the table, but wouldn't divulge why. "We are working well with Stock and the new operators to try to transition drivers from the Stock operation to new operators. So, in effect, we could very well see the same drivers running the same routes, just with a different name on the bus."

The three new companies are Campeau, Roxborough and

'Disappointed

According to Stock spokesperson Molly Hart, the company was "disappointed" it couldn't secure a seven per cent wage increase it pitched for its employees, an increase she called "necessary, and deserved." The loss of almost 200 bus routes means the transportation company will no longer be able to operate in Ottawa, she said.

Direct Transportation Logistics, which will take over the former 193 Stock routes.

Kyriaco is confident the transition will be "seamless."

"These are all operators that are currently in our market. They know the Ottawa area," she said, adding that Direct Transportation has already been doing work for OSTA. "And we are working well with them right now to make sure they are prepared for September."

Kyriaco doesn't expect the change to affect OSTA's major overhaul of bell times, which could see more than 100 schools change their start times in 2015, some by as much as an hour. The overhaul is an effort to save \$3 million every year in transportation costs.



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Public pension plans at risk over longer life spans: Auditor general

Looming threats.

Lack of systematic assessment, low interest rates

The auditor general says Canada's public pension plans could pose a significant threat to the government's financial footing because little attention is being paid to looming risks such as the longer life spans of beneficiaries.

In his spring report, Michael Ferguson warned that prolonged low interest rates and lower-than-expected returns on assets could cost tax-payers billions down the road.

He recommended that public pensions should be evaluated periodically and undergo any necessary changes to ensure their sustainability.

"Although we found that

the entities we audited have carried out their responsibilities under the law, no one is responsible for carrying out a regular and systematic assessment of whether government of Canada pension plans are sustainable over the long term," Ferguson said Tuesday.

"Pension plans are operating now in an environment where interest rates are low, and plan members are living longer. It is therefore important that public sector pension plans be designed and managed in a way that considers not just present circumstances, but also protects the interests of current and future employees and taxpayers."

The report examined the three main pension plans representing 95 per cent of the government's pension liability: the public service, Canadian Forces and RCMP.

His office projected that the employer's share of the pension benefits expense for these three plans could climb from 1.2 per cent (or \$3.3 billion) of total program expenses in 2017 to 1.6 per cent (\$13.5 billion) in 2050.

The findings say that plans experienced funding deficits totalling \$6.5 billion over the last three years. To help close the gap, special payments amounting to \$741 million in 2013, and around \$1 billion over the last two years, were necessary.

Looking at the long-term risks, the auditor general said Canadians, on average, are working fewer years, retiring earlier and already living longer than was expected only a few years ago.

Ferguson also said pensions plans were battered in the aftermath of the 2008 financial crisis by strong volatility and the extended period of rock-bottom interest rates.

THE CANADIAN PRESS



Auditor general of Canada Michael Ferguson speaks during a press conference at the National Press Theatre following the tabling of his 2014 spring report in the House of Commons in Ottawa on Tuesday.

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Survey on job vacancies too vague: Auditor general

The country's top survey on job vacancies is too vague and doesn't provide much value to governments and other users, the auditor general said Tuesday.

Michael Ferguson's latest report comes as the Conservative government faces scrutiny on alleged abuses of the temporary foreign workers program, which is meant to address labour shortages in certain sectors.

Other surveys used by Ot-

tawa to take stock of employment trends have also been criticized as inaccurate or incomplete.

Ferguson said Statistics Canada's survey of employment, payrolls and hours doesn't provide specifics on the precise location of job vacancies within a province.

"For example, reported job vacancies in Alberta could be in Fort McMurray, Grande Prairie, Medicine Hat, or any other community in the province," says the report.

Industry classifications in the survey are broad, noted Ferguson, and don't provide much indication of the particular jobs that need to be filled

"We have identified that users have been asking for more information about employment data at more local levels," Ferguson told a news conference.

THE CANADIAN PRESS

Overview

Highlights from the 2014 spring auditor general's

The prison system has met its immediate need for cells, but has not figured out how to deal with the long-term problem of crowding, especially since federal law-and-order legislation promises to keep more people behind bars for longer periods. The audit says there is already overcrowding in some regions as prisoners are bunked two to a cell —

and the problem could get worse.

 The First Nations policing system is not working as intended and some of the police services fail to meet provincial policing legislation and standards. The audit found that First Nations don't have enough say in negotiating policing agreements. The Public Safety Department doesn't know whether First Nations police facilities, such as jails, police stations and accommodations, meet fire and building codes or provincial standards.

A government program intended to integrate the way public servants, the military and the RCMP handle transfers and moving costs, did not encourage competition when it sought to issue one large contract to cover everyone. The audit also found that Public Works did not follow its usual processes in documenting its procurement strategy.

NDP touts small biz tax cuts, raised min. wage

Making the rounds.

Lowest paid workers would get \$12 an hour

NDP Leader Andrea Horwath tried to reach out to both workers and employers on Tuesday, saying her party is committed to raising the minimum wage in Ontario to \$12 an hour over two years while simultaneously reducing the small business tax.

In trying to appeal to both sides, Horwath said New Democrats are "sensitive" to the effect a higher minimum wage would have on job creators.

"We want to see the minimum wage increase but in a way that's balanced and allows small businesses to absorb the impact," Horwath said outside a coffee shop where she spent part of the morning chatting with patrons.

The plan would involve a gradual increase over the next

two years while also tying the raise to inflation to ensure a fair minimum wage in the future, she said.

The Liberal government has raised the minimum wage to \$11 an hour as of June 1 but its proposed legislation for inflation indexing died with the election call.

Both Horwath and the Progressive Conservatives refused to support the Liberals' budget tabled last week, setting the stage for Ontario's June 12 vote.

Horwath said Tuesday the NDP would also reduce the small business tax rate to three per cent over two years to help them absorb the impact of higher wages.

"We see electricity rates climbing through the roof, businesses are having a difficult time paying their hydro," Horwath said.

"These are things New Democrats have a commitment to make a difference on for businesses." THE CANADIAN PRESS



1968 incident

Man charged with gross indecency

A 65-year-old Ottawa man has been charged with two counts of gross indecency for a 1968 incident involving a teen. Police charged Andre Marcil Monday after a woman came forward in April. Marcil's lived across the country and police say there may be more victims. TREVOR GREENWAY/METRO

\$30 million

City OKs funds for innovation centre

Ottawa city council's finance committee approved plans for a \$30-million innovation centre at Bayview Yards to support fledgling businesses. The cost of the first phase is to be split between the city and the province.

STEVE COLLINS/FOR METRO

Sudbury area

Two dead at Lockerby Mine

Two men are dead after an accident at a mine in northern Ontario.

First Nickel Inc. says the two were drillers who were working underground Tuesday at the Lockerby Mine near Sudbury, Ont.

The company says the two were contractors working for Taurus Drilling Services. First Nickel says in a statement that "a fall of ground, preceded by (seismic) activity" is believed to have been a factor in the accident.

Ministry of Labour spokesman Bruce Skeaff confirmed the deaths and says the ministry is investigating but had no further details.

All other workers have been accounted for and underground operations at the mine were immediately suspended after the incident. THE CANDIAN PRESS





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City's finance committee balks at contamination-cleanup cost

Who picks up the tab?

Committee members feared setting precedent that might encourage other developers to come cap in hand



COLLINS

The city's finance committee balked at picking up the entire tab for contamination cleanup on the site of Mizrahi Developments' proposed tony, west-end condo development.

Kîtchissippi Coun. Katherine Hobbs introduced a motion for an exemption to city policy so that up to 100 per cent of the cost could be covered by taxpayers in the interests of getting the pro-

"It's the gateway to our business community," Hobbs said of the prominent site, at Wellington and Island Park, which five other companies have walked away from developing. "It's a key intersec-

The city's brownfields policy allows for development charge discounts and other tax breaks equal to up to half the cost of cleaning up polluted sites.

Staff told the committee that they deal with about a dozen applications a year for financial assistance with such projects, and that number has increased in recent years.

But the city has never offered to pick up more than half the bill, they added.

Coun. Peter Hume moved to refer the matter back to staff, but that was voted down, and Mayor Jim Watson cautioned that once the city

"I think going to 100 per cent is excessive, too rich for the taxpayers of the city of Ottawa."

Coun. Peter Hume

The councillor was reacting to a motion for an exemption to a city policy which would allow the city to pay for all the cost of a contamination cleanup

starts making exceptions, everybody will want one.

"We would have a tough time explaining to all these other companies who came forward in good faith and said 50 per cent is the limit,"

"I think going to 100 per cent is excessive, too rich for the taxpayers of the city of Ottawa," he added.

Coun. Hobbs withdrew her motion rather than, as seemed very likely, having it voted down.





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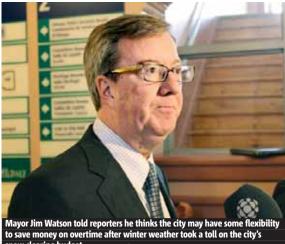
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Watson: City manager to search for savings



Mayor Jim Watson told reporters he thinks the city may have some flexil to save money on overtime after winter weather took a toll on the city's snow clearing budget. STEVE COLLINS/FOR METRO

Mayor Jim Watson hopes a city manager's review of city-wide spending will yield some fiscal slack to keep the budget in the black, and he has a few ideas on where it might be

"It's looking at all discretionary spending that we have to make sure that

when we come to the end of the fiscal year, we're operating in a surplus," Watson

"I've asked him to look in every corner of the organization for savings so that we ensure that we live up to our requirement to balance the books at the end of the year," the mayor

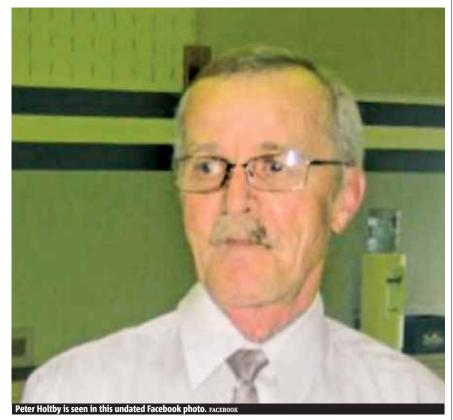
Watson requested the review after heavy snowfall put road and snow clearance spending \$13 million over budget in the first quarter of 2014.

"We had two very mild winters two years ago so it's not an exact science trying to figure out how much snow is going to fall in Ottawa," he said. "So what we're trying to do is to come up with a reasonable amount and if the staff come back for budget 2015 and indicate that we need to add to it, then the new council will have to look at that."

Although decisions will be made after this fall's election, Watson has his eye on the payroll.

"Overtime costs obviously are one area where I think we have some discretion to pare back on," he said. "Administrative costs that wouldn't affect the public service is another area that should be looked at before we start contemplating any front-line cuts.

STEVE COLLINS/FOR METRO



Police look for answers after man's death

'Suspicious incident.'

Peter Holtby, 65, was found near his home with tire marks on his leg



Ottawa police are hoping members of the public will come forward with information about a Kanata man who was found disoriented on the ground near his home last month before dying in hospital nine days later.

Paramedics treated Peter Holtby, 65, on April 22 at a bus stop near the intersection of Chimo Drive and Katimavik Road. He told paramedics his leg was sore and he was a diabetic.

He did not remember anything about the incident, only that he got off an OC Transpo bus which could have been either the 96 or 62 route.

It appeared he had been run over by a vehicle as his leg had tire marks and X-rays confirmed it was broken. He died in hospital on May 1.

Right now police are calling it a "suspicious incident" and are asking the public to contact them if they have any information. Const. Chuck Benoit said a few people have called in, but more witnesses are being sought.

As the family waits for some answers, condolences have been pouring in online from friends and coworkers.

"Peter was such a gentle man who deeply cared for his family and was devoted to caring for his grandson," wrote Karen Hebert on legacy.com. "He will be dearly missed. Rest in peace Peter."

Mark Hillier reminisced about their time working together at the Department of National Defence. "I can still picture him frowning about the Leafs and how the bottom dropped out of their

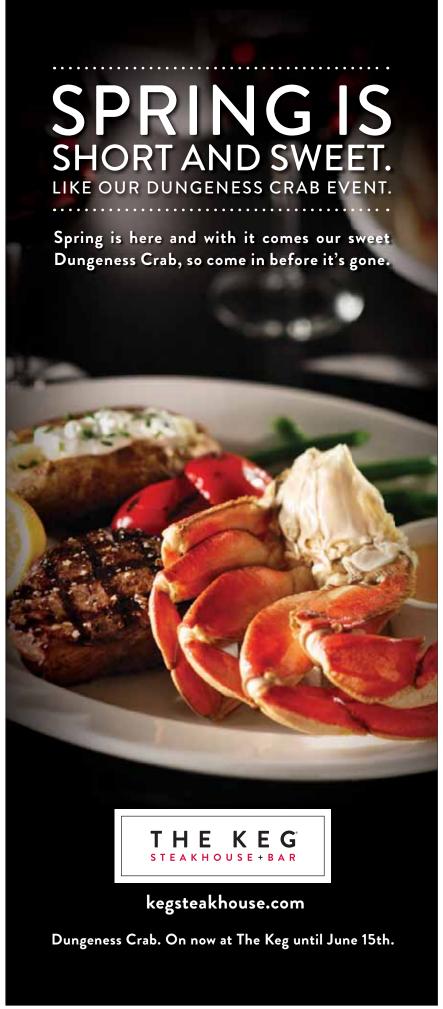
chances again this year. As Peter always said, 'Next year will be the year.' I'm sure he will be watching," wrote Hillier

Police are still waiting for autopsy results to determine a cause of death.

Holtby was a widower at the time of his death, having lost his wife to cancer. He is survived by his daughter, Karri, and two grandsons. A memorial service is scheduled for Thursday at the Pinecrest Cole Funeral Services and the family is asking for donations to be made to the Ottawa Humane Society in lieu of flowers.

Police say Holtby was wearing a dark and light grey jacket, running shoes and jeans at the time of the incident.

Anyone with information is asked to contact the Ottawa Police Service Collision Investigations Unit at 613-236-1222, extension 2322 or phone Crime Stoppers at 613-233-8477(TIPS) or toll free at 1-800-222-8477.



metronews.ca Wednesday, May 7, 2014

LGBT rights

Ugandan gay activist seeks asylum

Fearing prison or even death, an openly gay activist from Uganda is seeking asylum in the United States since his home country toughened criminal punishment against gays.

John Abadallah Wambere came to the U.S. for a speak-

ing tour in February, and Ugandan President Yoweri Museveni three days later passed the new measure that strengthened penalties against gay sex, including life in prison.

Wambere, who now lives in Cambridge, said Tuesday, one day before his visa expires, that it was a heartbreaking decision to leave behind the gay community he has supported for over a decade and to leave his 16-year-old daughter. THE ASSOCIATED PRESS

Lawyer detained

China deterring remembrance of Tiananmen?

Chinese authorities detained a well-known rights lawyer and several other people Tuesday in an apparent bid to deter activists from marking the upcoming 25th anniversary of a brutal military suppression of pro-democracy protesters.

Beijing police placed Pu Zhiqiang under criminal detention early in the morning, according to Qu Zhenhong, an associate at Pu's firm who has been in contact with his family. Pu enjoys mainstream prominence that is unusual for most dissidents, and news of his detention was circulating widely on Chinese microblogs.

Pu has not been formally indicted. Beijing police had no comment.

THE ASSOCIATED PRESS

Russian political activists Nadya Tolokonnikova, right, and Maria Alyokhina of the

Russian political activists Nadya Tolokonnikova, right, and Maria Alyokhina of the band Pussy Riot joined U.S. Sen. Ben Cardin in seeking action to stop violations of human rights by pro-Russian militants in the Ukraine region, at the Capitol in Washington, D.C., on Tuesday. J. SCOTT APPLEWHITE/THE ASSOCIATED PRESS

Pussy Riot take their message to Capitol Hill

Human rights abuses.

Pair asks Congress to add 16 officials to list of Russians facing sanctions

Two members of the Russian dissident punk group Pussy Riot came to the Capitol Tuesday and asked members of Congress to add 16 officials to the list of Russian human rights violators who face U.S. sanctions.

Before a throng of cameras and reporters, the women — Nadezhda Tolokonnikova and Maria Alyokhina — said Russian President Vladimir Putin's crackdown on human rights was damaging that country.

"Putin is not leading Russia to stability, but to complete instability and chaos," Tolokonnikova said through a translator

. The pair was arrested in 2012 after an obscenity-laced performance criticizing Putin at Moscow's main cathedral. They spent nearly two years in prison, but since their release have continued decrying the lack of freedom in Russia and harsh government tactics against opponents.

The women said Russia has resumed abusing prisoners, including using mandatory psychiatric treatment for some. They said they hoped public pressure would force the mistreatment to stop.

"Silence is the most dangerous thing for a political prisoner," said Tolokonnikova.

By law, the United States can freeze assets and ban travel to the U.S. of Russians deemed to be human rights abusers. Currently, 18 Russians are on a public list of people facing such sanctions while an unknown number of others are on a confidential list.

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With little military help, families form search parties to look for captured girls



Chibok girls school. A student who escaped her captors recounts the harrowing experience

The girls in the school dorm heard the sound of gunshots from a nearby town. So when armed men in uniforms burst in and promised to rescue them, at first they were relieved.

"Don't worry, we're soldiers," one 16-year-old girl recalls them saying. "Nothing is going to happen to you."

The gunmen commanded the hundreds of students at the Chibok Government Girls Secondary School to gather outside. The men were not government soldiers at all. They were members of the ruthless Islamic extremist group called Boko Haram. They kidnapped the entire group of girls and drove them away into the forest.

There were too many gunmen to count, said the girl who

escaped. So, even after the students realized the men were Islamic extremists, they sat obediently in the dirt. The men set the school ablaze and herded the girl's group onto the backs of three pickup trucks.

The trucks drove through three villages, but then the car of fighters following them broke down. That's when the girl and her friend jumped out.

As they jumped, the car behind started up. The girls did not know if the fighters could see them, so they ran and hid. Later on, a man on a bicycle found them and accompanied them home. There, they were met with tears of joy.

Three weeks later, 276 girls are still missing. At least two have died of snakebite, and about 20 others are ill, according to an intermediary who is in touch with their captors.

With little confidence in the military, residents of Chibok bought fuel for motorcycles and headed into the dangerous Sambisa Forest themselves.

An old man herding cattle warned them that they were close, but that they and their daughters could be killed if they confronted the militants.

The searchers returned to Chibok and appealed to the few soldiers there to accompany them into the forest. Parents ask why they came within a couple of miles of their daughters, yet the military did not.

"What was strange was that none of the people we spoke to had seen a soldier man in the area, yet the military were saying they were in hot pursuit,' said Mutah Buba, who joined the search to look for his sisters and nieces.

However, the military says it is diligently searching, with extensive aerial surveillance.

The 16-year-old who escaped keeps thinking of her friends, and wondering why she was able to get away while they are still captive. "I am really lucky and I can thank God for that," she said. "But God must help all of them." THE ASSOCIATED PRESS

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metronews.ca Wednesday, May 7, 2014 **NEWS**



'It's time to burn the beret and bury the blue dress'

Monica Lewinsky.

Former White House intern opens up on affair with Bill Clinton

Former White House intern Monica Lewinsky says there's no question her boss — Bill Clinton — "took advantage" of her when he was president.

But she says their affair was consensual and if there was any abuse involved, it came afterward, when Clinton's inner circle tried to discredit her and the president's opponents used her as a polit-

The former White House intern, now 40, writes about her life in the next issue of Vanity Fair magazine, out this month. In released excerpts, she says she's perhaps the first Internet era scapegoat and wants to speak out on behalf of other victims of online humiliation.

Lewinsky was 22 when her liaisons with Clinton began in 1995. Clinton's lies about the relationship contributed to his impeachment by the House in 1998; the Senate acquitted him.

Lewinsky writes that she

Breaking her silence

These aren't Monica Lewinsky's first public words on the scandal.

Lewinsky broke her silence in 1999 with a blockbuster interview with Barbara Walters, gave several subsequent interviews and co-operated with author Andrew Morton on his book the same year, entitled Monica's Story.

deeply regrets the affair and made a point of staying silent through several presidential campaigns to avoid becoming a distraction. Now, she writes, it's time to stop "tiptoeing around my past - and other people's futures. I am determined to have a different ending to my story. I've decided, finally, to stick my head above the parapet."

Invoking her headwear from endlessly repeated TV clips and the stained garment considered as evidence against Clinton, she writes: "It's time to burn the beret and bury the blue dress."

THE ASSOCIATED PRESS



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Rob Ford didn't enter U.S. last week: Reports

Whereabouts remain a mystery. Toronto mayor's lawyer asks media to take a step back and 'let the man do his rehab'

Rob Ford did not officially enter the U.S. when he flew to Chicago last week bound for rehab, reports said Tuesday, but his lawyer insisted "100 per cent" that Toronto's mayor is getting in-patient substance-abuse treatment.

Ford's whereabouts remain a mystery, and lawyer Dennis Morris said they should stay that way.

"The media should, I don't know, put things on pause a little bit," Morris said in an interview. "Let the man do his rehab. Once he gets out we can just see how it worked."

Ford left home last week after announcing he was taking a leave of absence and suspending his re-election campaign to seek "immediate" help for alcohol abuse.

He announced the decision hours after The Globe and Mail reported that a drug dealer had shown two of its reporters video of Ford allegedly smoking what was said to be crack, reportedly recorded days earlier in his sister's basement.

'A friendly conversation'

Toronto Coun. Denzil Minnan-Wong said Tuesday that he briefly spoke with Mayor Ford when Coun. Doug Ford — the mayor's brother passed him the phone.

"It was a friendly conversation," said Minnan-Wong. "He was in good spirits. (He) said he was working out and that he was in rehab." He said it seemed as though Ford missed city council and wanted to return.

The Toronto Sun also published an audio recording of Ford at a bar making anti-gay remarks, using an ethnic slur and saying he would like to "jam" rival candidate Karen Stintz. Morris said at the time that it was not possible to know what was in the pipe seen in stills from the alleged new video.

He also said that the mayor flew to Chicago but was not in

a program in that city.

The Globe and Mail reported Tuesday that when Ford landed in Chicago he voluntarily withdrew his application to enter the country and quoted the consul general of Canada in Chicago as saying Ford "was not denied entry, per se."

Morris refused to say where Ford ended up but assured he is in a treatment facility.

"I can't comment other than saying 100 per cent," Morris said, adding that the mayor is "doing very well."

Ford flew to Chicago on a private flight, so the customs process would have been done in Chicago, rather than preclearance in Toronto.

Toronto-based immigration lawyer Evan Green said admissions of drug use — Ford has admitted smoking crack cocaine and using other drugs — can make someone inadmissible to the United States.

Border officers can direct people to a U.S. immigration doctor in Canada who can determine that someone is or isn't a drug abuser, Green said.

There is an exemption for drug users going to the U.S. for rehab, he said.

"They're going to want to know where you're going, how long you're going for, what is the plan, is it a closed or open facility, how is this all working, has it been paid for?" Green

"On the face of it, somebody going in to say, 'I'm going to try and figure out where I'm going to rehab,' they would not be admitted. They would be told to get their ducks in a row first and then they can try to get back in."

THE CANADIAN PRESS

metronews.ca Wednesday, May 7, 2014

U.S. climate report leading to calls for 'urgent action'

Global warming. Study says 'disruptive' weather will become increasingly common, but energy groups, conservatives deride it as 'alarmist'

Global warming is rapidly turning America the beautiful into America the stormy and dangerous, according to a new federal scientific report. And those shining seas? Rising and costly, the report says.

Climate change's assorted harms "are expected to become increasingly disruptive across the nation throughout this century and beyond," the National Climate Assessment concluded Tuesday. The report emphasizes that warming and all-too-wild weather are changing daily lives, using the phrase "climate disruption" as another way of saying



global warming.

Still, it's not too late to prevent the worst of climate change, says the 840-page report, which the White House is highlighting as it tries to

a new report. THE ASSOCIATED PRESS FIL

jump-start often-stalled efforts to curb heat-trapping gases.

White House science adviser John Holdren called the report, the third edition of a congressionally mandated study, "the loudest and clearest alarm bell to date signalling the need to take urgent action."

Some fossil energy groups, conservative think-tanks and Republican senators immediately assailed the report as "alarmist." Republican Sen. David Vitter of Louisiana said the report was supposed to be scientific but "it's more of a political one used to justify government overreach."

The report — which is full of figures, charts and other research-generated graphics — includes 3,096 footnotes to other mostly peer-reviewed research. It was written by more than 250 scientists and government officials, starting in 2012. THE ASSOCIATED PRESS



Hoppie heads home

Hoppie, the sea lion rescued after being found at an almond orchard a mile away from any water, heads for the surf during his release back to the wild at Chimney Rock Tuesday in Point Reyes National Seashore in California. The male California sea lion pup was treated for malnutrition and skin mites at the Marine Mammal Center in Sausalito, Calif., after being found at the Mape's Ranch in Modesto on March 31. Two other sea lions were released along with Hoppie.

Trinity Western

Christian school taking legal action in three provinces

A Christian university in B.C. that has been under scrutiny for its policies is taking legal action in B.C., Ontario and Nova Scotia.

Critics have argued the school's so-called community covenant, which forbids sex outside heterosexual marriage, will lead to discrimination against gay and lesbian students.

Trinity Western University says it is launching law-suits in Ontario and Nova Scotia, where the provinces' bar associations have voted not to accredit graduates of the school. The university says it will also apply to be added to a lawsuit in B.C., where lawyer Clayton Ruby is suing the provincial government over its decision to approve the school.

University president Bob Kuhn says the law societies are sending the message that religious people cannot hold on to their values and participate in society.

THE CANADIAN PRESS



High-pressure tactic

What the frick is fracking?

Fracking is shorthand for hydraulic fracturing, a method of extracting natural gas from unconventional sources, like shale rock formations, that were previously inaccessible through drilling methods.

The process involves drilling into the earth and injecting millions of litres of fluid — a mix of water, sand and chemicals — at a high pressure into shale rock to fracture the rock and release the gas trapped inside.

The Canadian Association of Petroleum Producers explains how it works:

- A hole, called a wellbore, is drilled vertically into the ground. Once it reaches the depth of the shale rock, up to three kilometres below the surface, the drill turns horizontally into the rock.
- Steel tubes (casing) are inserted into the wellbore and secured by cement. The casing is meant to prevent the fracking fluid from leaking and contaminating drinking water aquifers.
- Fluid is injected into the hole at a high pressure to crack the shale rock and release the natural gas into the well. The cracks extend 50 to 100 metres into the rock.

Much of the controversy lies in the potential health risks from sour gas leaks to air pollution and contamination of drinking water. A study from the Council of Canadian Academies, an independent organization of scientists and other experts, concluded there isn't enough known about the impacts of fracking to declare it safe.

There are no documented cases of groundwater con-

Health risk study

- A 2010 Endocrine Disruption Exchange study determined that more than 75 per cent of chemicals used in fracking can affect the skin, eyes, and the respiratory and digestive systems.
- The non-profit group dedicated to researching health and environmental problems caused by exposure to chemicals found about 40 to 50 per cent of the chemicals could affect the nervous system, immune system, cardiovascular system and the kidneys.
- Twenty-five per cent of the chemicals are known to cause cancer.

tamination from the fluid used in fracking in B.C. But a 2011 investigation by the U.S. Environmental Protection Agency found fracking contaminated two wells with high concentrations of benzene, a known carcinogen, in Wyoming.

Another potential risk is sour gas, which can be found in 30 per cent of the natural gas and crude oil reserves in Western Canada, according to the Canadian Association of Petroleum Producers.

When fracking occurs in sour gas zones, the risk of gas leaks can be fatal. Sour gas contains hydrogen sulphide, which is highly toxic and can kill in seconds in high concentrations. THANDI FLETCHER/



lls out of an active wellsite in the Lochend area near Cochra

On the edge of the Rocky Mountains, in one of Canada's most remote corners, plains are marked by deep gorges B.C.'s Peace River country, which finds itself on the verge of a liquefied natural gas boom, a projected trillion-dollar requires fracking, a practice banned in three Canadian provinces. Over three days, Metro will look in depth

THE NEW FRONTIER



'Sudden failure.' Horse breeder still feeling effects of uncontrollable wellsite blast in 2009



MATT KIELTYKA

Glenda Wagar jolted from bed at 3 a.m. as the roar of jetting gas boomed through the frigid November air

It smelled like rotten eggs.
"There's a problem, I can't breathe," she clutched for her sleeping boyfriend.

Confused and weary, she left the safety of her home in the dead of night to investigate.

The rural landscape outside

her front door was engulfed in a thick, white fog that rolled with the countryside.

"I couldn't even see the little trees across the driveway. It was just fogged right in."

The social worker and horse breeder spent the next six hours searching her property — a quarter section of farmland, and another half section of grazing land for her 60 horses in Pouce Coupe (just south of Dawson Creek in northeast B.C.) — for broken sewer lines, while frantically trying to call neighbours and emergency responders to find out what happened.

At 9 a.m., with the unrelenting blast of "jet engines" and stench still in the air, Wager finally learned the severity of her situation.

"A truck drove up the yard

and was honking like crazy," she recalls.

It was a local hunter who had taken his life into his own hands to warn residents they were at risk.

"He said, 'You're in the middle of a cloud. Get out, get out, get out!"

On Nov. 22, 2009, Encana wellsite A5-7-77-14 L W6M, near Wagar's ranch, failed in sudden and spectacular fashion.

A B.C. Oil and Gas Commission investigation found that a tee section of piping developed a leak when blasted from the inside by fracture sand (used to break up shale rock formations) that should have been cleaned out after the fracking process.

"It just peeled that steel out like it was cheese," figures Pat Gerlinsky, Wagar's boyfriend. The leak intensified for hours until 8:38 a.m., when it developed into a full-blown "sudden failure," according to the incident report.

The emergency shutoff valve closed automatically at 9:05 a.m. but was unable to stop the "uncontrollable" flow of gas because the valve was downstream from the failure point.

It wasn't until the Encana control room at Hythe, Alta., more than 60 kilometres away, received a hydrogen sulfide (also known as sour gas) alarm at 9:10 a.m. that the company's response to the incident began.

A total of 18 people were evacuated from within a 1.34-kilometre radius of the well.

Most had gotten themselves out of harm's way.

By the time the well was shut

metronews.ca Wednesday, May 7, 2014

cut into the land by its snaking rivers, forests and swampy muskeg. Welcome to industry. It means jobs and loads of money. But getting the gas out of the ground at the state of fracking in Canada and the potential health implications

OF FRACKING







Striking a sour note even now

"It hasn't gotten better. ... There's always a pain there." Glenda Wagar, horse breeder

at 10:45 a.m., approximately 30,000 cubic metres of natural gas containing approximately 6,200 ppm (parts per million) of potentially lethal — though the commission classified it as "low level of toxicity" — sour gas were released into the atmosphere.

Encana, through a Community Environmental Justice Forum, paid out \$250,000 in compensation to the Pouce Coupe fire department, emergency evacuation preparedness programs at Tate Creek Community Centre and Ducks Unlimited Canada

wetlands projects.

"Encana took full responsibility for the failure and deeply regrets its occurrence," said Encana spokesperson Doug McIntyre in an email to Metro. "Encana implemented a number of mitigation measures including recommendations from the B.C. Oil and Gas Commission to help prevent this type of incident from happening in the future."

But having lived through the ordeal, Wagar says her health, especially her respiratory system, has been permanently damaged.

"I was coughing and my eyes were watering and I had a hard time breathing," she said.

Doctors, through X-rays and breathing tests, told Wagar her lungs are "compromised" but can't link it to the gas leak.

The dizzy spells she experien-

ces since the leak mean Wagar can't drive for long distances and that she's been unable to continue working as a social worker.

She also can't ride horses much anymore, the love of her life since she was five years old.

Time has not restored Wagar's faith in the gas industry, especially as fracking operations in northeast B.C. expand to feed the province's liquefied natural gas dreams.

"Like I told Encana, 'You should have been finding dead people,'" she said, stone-faced.

Time also does not heal all wounds. "It hasn't gotten better. The dizziness is getting worse and the pain in my chest is the same. It hasn't gotten worse or better," she said. "There's always a pain there."

Liquefied natural gas. It's a pipeline to prosperity for B.C.'s Fort St. John

The short drive from the North Peace Regional Airport to the municipality of Fort St. John, B.C. reveals much about where the wealth of the northeast of the province lies.

It's no Vegas strip, but signs welcome you to the "Energetic" north as modern new corporate offices for Shell Canada, Talisman Energy, Canadian Natural Resources, Can-Am Geomatics B.C. and the B.C. Oil and Gas Commission line the road into "B.C.'s Energy Capital."

The region has sizeable forestry and agriculture industries, but make no mistake: Peace Country is gas country.

And gas country has been good to Fort St. John, a fast growing city of approximately 21,600 people making an median family income of \$98,643.

By contrast, the median family income in Canada was \$76,511 in 2010.

Creating a community

"Ten years ago, 50 per cent of our roads were gravel with open ditches. Streetlights were pretty much non-existent and sidewalks were non-existent," said Fort St. John mayor Lori Ackerman. "We have been able to get those roads redone, and paved, curbed and guttered. We've got rec facilities. The reality is we have been working very hard to create a community where young professionals are going to enjoy life."

The growth, she said, has been attributable to a natural gas industry that has taken advantage of hydraulic fracturing to extract the region's abundant supply of shale gas.

More than 9,000 wells have been drilled in the province since 2005, the vast majority of them in this corner of B.C.

Representing just two per cent of the voting population, Ackerman is quick to point out the region and the oil and gas industry ("There's very little oil. I think we say oil and gas simply because it rolls off the tongue better") have been living in relative obscurity for decades.



discusses the anticipated boom in natural gas extraction. EMILY JACKSON/



Striking it rich

+\$22,132

St. John, B.C., make \$22,132 more than the national median income.

Lucrative resource

But that changed when British Columbia Premier Christy Clark pinned the province's future on liquefied natural gas (LNG) and exporting northeast B.C.'s most lucrative resource to emerging Asian markets.

The trillion-dollar industry (a combination of gas extraction in northeast B.C. and processing and export by sea in the northwest) will create 100,000 jobs and eradicate the provincial debt, Clark promises.

David Hughes, a former geologist with the Geological Survey of Canada and current president of Global Sustainability Research, forecasts up to 50,000 new wells would have to be drilled over the next 27 years to meet the 14.6 billion cubic feet per day demands of the seven ING export applications already approved by the National Energy Board as of January

That would increase B.C.'s gas production to nearly 50 per cent more than what all of Canada currently produces.

Potential risks

That's grabbed the attention of not just investors, industry and government, but also environmental groups, First Nations and academics worried about the potential environmental and health risks associated with widespread fracking.

A human health assessment is underway for the Ministry of Health and documents leaked to The Canadian Press in April show B.C. Environment Ministry staff is worried methane emissions from fracking "can have a significant impact on overall emissions."

All of a sudden, all eyes are on Fort St. John.

Ackerman — who has four

children working in the oil and gas industry and says there's never been a cause for fear — doesn't know if the provincial government's claims are legitimate. She's too busy dealing with the real world.

The city is currently going through a boundary extension and the population is projected to nearly double — to 40,000 — in 10 years, regardless of whether LNG pans out or not.

Her city needs doctors, nurses, schools and amenities to keep up with the growth gas extraction and the proposed Site C hydroelectric dam will bring.

Unprecedented expansion

From coast to coast, there's a huge demand for skilled workers in this remote region east of the Rocky Mountains.

"There's going to be development. It's going to get more bustling," she said. "If we're going to take advantage of the opportunities in front of us, I think LNG has to be in consideration. I'm not sure where in this province — until our forestry gets back on its feet — we'd see any other revenue sources from."

As the industry gears up for unprecedented expansion, Ackerman believes it's advanced and responsible enough to do so without harming its neighbours. MATT KIELTYKA/METRO IN VANCOUVER



Thursday

 The industry. What's being done to keep people safe.

Friday

 Cautionary tale. Alberta ranchers warn British Columbia to heed warnings.

Online

Thinglink. What is fracking?



metronews.ca Wednesday, May 7, 2014

848 priests defrocked since 2004: Vatican

Sexual abuse statistics.

In last 10 years more than 3,400 cases have been reported

The Vatican released comprehensive statistics for the first time Tuesday on how it has disciplined priests accused of raping and molesting children, saying 848 priests have been defrocked and another 2,572 given lesser sanctions over the past decade.

The Vatican's UN ambassador in Geneva, Archbishop Silvano Tomasi, revealed the figures during a second day of grilling by a UN committee monitoring implementation of the UN treaty against torture

Tomasi insisted the convention applied only inside the tiny Vatican City state. But he nevertheless released



statistics about how the Holy See has adjudicated sex abuse cases globally, and significantly, he didn't dispute the committee's contention that sexual violence against children can be considered torture.

Tomasi said that since 2004, more than 3,400 credible cases of abuse had been referred to the Vatican, includ-

ing 401 cases in 2013 alone.

Acknowledging the high number of priests sanctioned with the lesser punishment, Tomasi said it still amounted to disciplinary action and that the abuser is "just put in a place where he doesn't have any contact with the children."

THE ASSOCIATED PRESS

Number of cases

The data provided to the UN committee Tuesday is the first ever year-by-year breakdown of how abuse cases were adjudicated by the papal court.

- Archbishop Silvano
 Tomasi said that since
 2004, more than 3,400
 credible cases of abuse
 had been referred to the
 Vatican, including 401
 cases in 2013 alone.
- He said that over the last decade, 848 priests had been defrocked, or returned to the lay state by the pope.
- Another 2,572 were sentenced to a lifetime of penance and prayer or some other lesser sanction.

Trial. Pistorius accused of making 'sinister' remark to friend of Steenkamp

Oscar Pistorius was accused of making a "sinister" remark to a friend of Reeva Steenkamp in the courtroom Tuesday during a break at his murder trial.

Pistorius denied the allegation that he said to the close friend of the girlfriend he killed: "How can you sleep at night?"

The accusation by Kim Myers provided a bizarre twist during the trial of the world-famous double-amputee Olympian, who is facing 25 years to life in prison if convicted of premeditated murder for shooting dead Steenkamp, a 29-year-old model, at his home last year.

Pistorius, 27, denies murder and says he killed Steenkamp by mistake thinking she was an intruder when he shot her multiple times through a closed toilet door.

He also denied to reporters in the courtroom that he made any comment to Myers. Pistorius said he hadn't spoken to members of the Myers family for weeks, despite sitting a



few feet away from them during proceedings. Myers' lawyer said she told him it happened.

car Pistorius, in Pretoria, South Africa,

Myers was approached by Pistorius and he made the remark to her in a "very sinister way," the lawyer for Myers said. Attorney Ian Levitt said Myers was "shocked" and did not know what it referred to. Levitt said she found it "extremely disturbing." THE ASSOCIATED PRESS

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WestJet Airlines, Air Canada rivalry reaches new heights

Increased competition.

Calgary airline could give Canada's largest carrier a run for its money if its 'value-based' global service gets off ground

WestJet Airlines says it could take its rivalry with Air Canada overseas by launching an international service using large wide-body aircraft.

The Calgary-based airline said Tuesday the new service could be in place in one-and-a-half to three-and-a-half years, if its board gives the green light. WestJet has been discussing the move with its pilots and also meeting with potential airplane lessors and manufacturers.

"So no decision made yet, but we're getting all the pieces in place to be able to make a good decision," president and CEO Gregg



Saretsky said during a conference call to discuss its first-quarter results, which saw a lower profit.

WestJet is already getting into the European market by launching service next month to Dublin from St. John's, N.L., using

its narrowbody Boeing 737 aircraft. It said demand is so strong the seasonal service will be extended by about three weeks to Oct. 25.

"All of that gives us great confidence that there is strong demand for a valuebased international product that WestJet is looking to pursue," Saretsky said before the airline's annual meeting in Toronto.

He declined to say how many large planes could be added to its fleet, or which destinations could be served.

THE CANADIAN PRESS

Going out of business. After 35 years clothier Jacob files for bankruptcy

Women's clothing retailer Jacob Inc. has filed for bankruptcy and will be liquidating inventory at all 92 of its stores across Canada in the coming weeks.

The Montreal-based company has been under creditor protection since November 2010 and underwent operational restructuring. But the company says it was unable to make the business profitable or to find new financiers.

In a release issued on Tuesday, the company cited the challenging economy plus the influx of new international retailers to the Canadian marketplace among the factors leading to the company's inability to overcome its financial challenges.

"Although we did not achieve the desired result, I am proud of the passion and dedication that the Jacob team showcased over these past few years while trying to bring the company back to financial health," president and founder Joey Basmaji said



A man walks by a Jacob clothing store in Montreal on Tuesday.

THE CANADIAN PRESS

in a statement.

"I would like to sincerely thank each employee and business partner that contributed to our success during these 35 wonderful years. I hope that the remaining Canadian retailers will get through these difficult economic times."

THE CANADIAN PRESS

Market Minute



TSX 14,612.29 (-84.74)





Natural gas: \$4.79 US (+\$0.09) **Dow Jones:** 16,401.02 (-129.53)

Kids these days

The 'nutritionally aware' generation

Subway is testing hummus and thinner slices of deli meats that look more appealing as it looks to keep pace with changing eating trends.

The test may appeal to millennials, who are more "nutritionally aware" than any other past generation, said a Subway executive. He predicted their eating habits will force the restaurant industry to adapt their menus. The ASSOCIATED PRESS



Claws are out

Nestlé has a dog in this fight over premium pet food

Nestlé Purina PetCare Co. filed suit Tuesday against Blue Buffalo Co. Ltd., accusing its competitor of misleading consumers about the ingredients in its dog and cat foods.

The lawsuit accuses Wilton, Connecticut-based Blue Buffalo of false advertising, disparagement and unjust enrichment.

THE ASSOCIATED PRESS

Freedom of press

Media fight for right to use drones

More than a dozen media organizations challenged the government's ban on the use of drones by journalists Tuesday, saying the Federal Aviation Administration's position violates First Amendment protections for news gathering.

The organizations, including The Associated Press, filed a brief with the National Transportation Safety Board in support of aerial photographer Raph-

ael Pirker. Pirker was fined \$10,000 US by the FAA for flying a small drone near the University of Virginia to make a commercial video in October 2011. He appealed the fine to the safety board, which hears challenges to FAA decisions.

An administrative law judge ruled in March that the FAA can't enforce its policy against all commercial use of drones when the agency hasn't issued regulations for those uses. The FAA has appealed the judge's decision to the full five-member safety board.

THE ASSOCIATED PRESS

No peace in smartphone patent war

When a jury ordered Samsung to pay Apple \$119 million US for copying features of the iPhone, it was the latest chapter in the worldwide legal fight between the top two smartphone companies.

Friday's damage award was far less than the \$2.2 billion Apple demanded and the \$930 million a previous jury ordered Samsung to pay after an earlier patent trial involving older-generation products. The jury also trimmed \$158,000 from the latest award after finding Apple infringed one of Samsung's patents in making the iPhone line.

Both companies have filed lawsuits and other legal actions in Germany, England, France, South Korea, Japan, the Netherlands, Australia and elsewhere with mixed results.

Although U.S. District Judge Lucy Koh in San Jose urged the companies to settle their differences, a settlement conference in February ended without an agreement and no end in litigation is in sight.

So who's winning?

It depends on the definition of victory. Samsung Electronics Co. has surpassed Apple Inc. as the

top smartphone maker on the planet. Samsung has captured 31 per cent of the \$330 billion worldwide market compared with Apple's 15.6 per cent.

Why is Apple continuing its aggressive legal campaign?

"Apple simply cannot walk away from its inventions," Apple lawyer Harold McElhinny told jurors during closing arguments last week. Samsung lawyers argued during the trial that Apple's real target is Google Inc., the maker of the Android software that Samsung and other smartphone makers use in their

devices

What's next?

Each company will ask the judge in San Jose to ban sales of the devices found to infringe the other's patents. Legal experts said those arguments are likely to fail because lawyers have to prove consumers, for instance, purchased iPhones solely because of the Samsung photo organizational patent. Apple lawyers will have to prove that consumers who purchased Samsung devices did so because of the "slide-to-unlock" feature.



metr⊕ **VOICES**

CINCO DE MAYO, LOS BANDITOS & LIME

One of the funniest classic Monty Python sketches features legendary 18th century highwayman Dennis Moore accosting a stage coach and demanding that the occupants "Hand over all the lupins you've got!

"Lupins?" asks the puzzled victim. "You mean the flower, lupin?"

"Yes, lupins. Come on, come on." "Well, we haven't got any lupins."
It goes on. Laugh if you will, but truth is stranger than fiction.

Mexican drug cartels are muscling in on the fruit crop—limes, in particular.

Yes, limes, the little green citrus fruit. Turns out Mexico is the world's leading exporter of limes.

Drug cartels, finding it increasingly difficult to get drugs across the U.S. border, are running extortion rackets on lime growers, threatening dire consequences like burning down the farm unless the growers fork over a percent-



Paul Sullivan metronews.ca

age of their crop.
The crop was already suffering the effects of a rough winter, even by Mexican standards. One cartel, the so-called Knights Templar, based in the Michoacan, the main lime-producing centre of Mexico, saw an opportunity to profit from the shortage and squeeze the farmers, and their limes, dry.

This dastardly lime crime comes at a bad time: Cinco de Mayo. Limes are an essential compañero to a full array of celebration beverages: mojitos, margaritas and, of course, the ever-popular cerveza.

Back in January, limes sold for an average \$22 US per case. Since the desperadoes got involved, the price has skyrocketed to \$100 US a

case, and as much as \$1.54 per lime (in Calgary). Airlines have removed limes from the menu, substituting lemons instead. So far, no one has demanded that we hand over our lem-

Really, it's only a matter of time. The cartels are already starting to move into the avocado market. Holy guacamole,

It was bad enough when these banditos were exploiting human misery and addiction, but now that they are having an impact on our very guacamole, they've gone too far. Call in the GEA (the Guacamole Enforcement Agency)!

You can imagine what's going on in Hollywood right now. Screenwriters and directors are huddling over beer and lemons, pitching concepts featuring supermodels who track down lime bandits and cross the border to recover the contraband fruit shipments and restore them to their rightful

Meanwhile, in the "real" world, lime farmers have actually formed vigilante groups to fight back against the cartels. Fearing further Cinco de Mayhem, the Mexican military has moved in, demanding that the vigilante groups dissolve by El Decimo de Mayo. Talk about a Mexican standoff.

Enjoy that dip while you can, amigo, and pray the guacamole bandits don't go after our lupins.

ZOOM

Turns out it was just a reflector



Fast-changing lighting made this photograph a challenging one to capture. "With the late afternoon sun, the whole area was changing in appearance minute-by-minute," said photographer Darrell Staggs. Staggs used a glare-reducing polarizing filter "to capture the full reflection of the canyon wall, but also retain the 'shadow' reflection of the

A real diffhanger ... actually it's a fake one

This image seems to show a hiker teetering on a cliff's edge, but a closer inspection reveals that it's a pool of water acting as a perfect mirror for canyon

The optical-illusion picture, taken in Glen Canyon in Utah, is a winning entry in this year's Share the Experience photo contest, which celebrates America's national parks in pictures.

But what is real, anyway?

Staggs, who now specializes in optical-illusion photography, hopes that viewers will appreciate how "the contradictions in the image begin to give way to the truth of the reflection," and thus see the picture's artistic side.

"This is how a photograph can transition into art — a photo to look at, and art to think about."



"Even though I've looked at it countless times,

the picture remains an elusive illusion. It's difficult to discern what is really happening there."

Darrell Staggs, 50, chemical engineer & amateur photographer from Mooresville, Ind.

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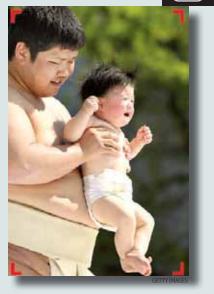
Japan comes by its eccentricity honestly



ANDREW FIFIELD

If you're anything like us, you've spent a lot of time wondering how the Japanese manage to come up with an endless parade of curious, absurd, amazing, helpful and awe-inspiring ideas. Cat cafés. Love hotels. The world's most robust vending machine shopping. How do they conceive of it all?

Well, as suggested by this lesson in Nakizumo - a rite-ofspring crying contest involving babies and gently antagonistic sumo wrestlers — the Japanese have a centuries-old tradition of esoteric cultural development that has paved the way for the



wonderfully one-of-a-kind place it is today. (Via Ronin Dave on YouTube)



Films to whet your appetite

Foodie movies. A new film starring Jon Favreau may offer some tantalizing food scenes, but it's not Hollywood's only foray into the kitchen



FOCUS Richard Crouse scene@metronews.ca

Chefs are the Food Network's stock in trade. From Bobby Flay to Giada De Laurentiis, and Iron Chef to Top Chef, the delicious channel has created a cult of celebrity around the people who make our food.

Å new film, Chef, takes a celebrity, actor Jon Favreau, and casts him as a restaurateur who has lost his way and desperately wants to reclaim his cooking cred.

In the film, he plays Carl Casper, a Los Angeles chef who hightails it to his Miami hometown when his fancy restaurant gets a scathing review from an online food critic (Oliver Platt).

There he buys El Jefe Cubanos, a food truck he plans on driving across the country with his son (Emjay Anthony).

High on food porn — there's even a shrimp scampi seduction scene — and Cuban sandwich recipes, Chef is a movie that may whet audience appetites for other movies about the people that make our food.

In The Big Night, Stanley Tucci plays Secondo, owner of an Italian restaurant called Paradise. The place is slowly going broke but may get a boost from a visit by singer



Louis Prima.

If Prima shows up, the restaurant will have a big night and be saved from bankruptcy.

It's not only one of the greatest food movies ever made (you'll want to go for risotto afterward) but it also features what Rolling Stone's Peter Travers called "an unforgettable acting duet" between Tucci and Tony Shalhoub, who plays his temperamental chef brother, "that is as richly authentic as the food."

Ratatouille takes a differ-

ent approach. An unusual cross between America's Next Top Chef and Willard, the Pixar movie does something no other film has been able to (not that a lot have tried): It makes rats cute. Lovable, even.

The story of a cooking rat is chef and TV presenter Anthony Bourdain's favourite food film. "They got the food, the reactions to food, and tiny details to food really right," said The Taste host, "down to the barely noticeable pink burns on one of the charac-

New movie

"A new film, Chef, takes a celebrity, actor Jon Favreau, and casts him as a restauranteur who has lost his way..."

ter's forearms.

I really thought it captured a passionate love of food in a way that very few other films have."

Real chefs are featured in the documentary Spinning Plates. Weaving together three stories from a trio of very different restaurateurs, the film shows the personal and professional side of the food biz as well as the connection to the community that's so important for success.

It cuts through the Food Network's simplistic foodfamily-and-feelings approach with a tagline that sums up its philosophy: "It's not what you cook. It's why."



The world brought right to you.



Seth Rogen's getting obut he's still young at

Funny guy. His character in Neighbors may have lost touch with his youth, but Seth Rogan is still very much rolling with the punches

MATT PRIGGE

Metro World Nev

Seth Rogen isn't old; he's only 32. But he has more responsibilities than many his age, even if the work he puts out — including last summer's This Is the End, which he also co-directed with his longtime friend Evan Goldberg — is generally about youngish men struggling with responsibilities and maturity.

In Neighbors, he plays Mac, who's not only married (to Rose Byrne), but also a new father. Their boring life is upended when a frat house, led by Zac Efron, moves in next door.

The film's writers talk about how this was borne out of anxiety about aging. Is that something you share?

I had no specific fears about turning 30. It was more the general compiling of responsibilities, coupled with the lack of time to do the stuff that you used to do more of. And the physical repercussions of trying to do the stuff that you used to do more of (laughs).

The hangovers suddenly get brutal when you turn 30. They're much worse. It takes

The frat boys aren't completely demonized here. They're sympathetic at

me weeks to recover now.

I think in earlier versions



of the script, the frat was much more vilified. But Zac is just such a good dude, and Chris [Mintz-Plasse] and Dave [Franco] and Jerrod [Carmichael] are all such nice, sweet guys that it inherently made them not that bad. It made them more sympathetic, in a great way.

These films seem to have such a democratic way of being put together. Everyone chips in.

Definitely. The audience is probably the most important element. That's the loudest voice in the process, in some ways. We test the movies a lot, we see what gets laughs, what doesn't, and we really listen not to the words they're saying but the feeling that you have when you're watching the movie with the audience. We really will change the movie heavily when we do that.

Has that happened a lot?

Yeah. We don't change the story that much, but the specific things that people are saying, we do change. If they don't laugh we'll try different jokes. And that's one of the good things about improv — you get a lot of options. So if one joke sucks you have other options you can use.

How did you prep to play a dad?



Bad Little Kid

New film in the works based on Stephen King short story

Stephen King's short story Bad Little Kid, published as an ebook for French and German audiences this March, has been snapped up by documentary maker Laurent Bouzereau for a film adaptation. Known for helming a wide variety of "Making Of" featurettes, Bouzereau was

also the writer and director behind A Night at the Movies: The Horrors of Stephen King.

Bad Little Kid is about how one evil child affects the lives of those he comes into contact with. AFP

older, heart

Quoted

"I couldn't even tell you what Mac does for a living, honestly. I don't know what we're doing in that place. Just working in an office. It just seemed like a place people ... work."

Seth Rogen, who plays Mac in Neighbors on how little he actually knows about his character

Uh, I did not prep for this role. I do not do preparation for my roles as an actor. I just do it. I couldn't even tell you what Mac does for a living, honestly. I don't know what we're doing in that place. Just working in an office. It just seemed like a place people ... work (laughs).

Do you have any experience with frats?

Not really, no. I don't know if I've ever been in a real frat house. I didn't go to college, and in Canada they're not that big. I wrote an episode about frats when we did the show Undeclared, and that was probably the most experience I ever had, up until this movie. After seeing the movie, though, it seems like it's not that bad. It seems fun.

Comedy of errors. Rose Byrne is glad her Neighbors character isn't the usual 'nagging wife'

Frats aren't much of a thing in Australia, where the actress Rose Byrne hails from. In Neighbors, she and Seth Rogen play suburban parents whose lives are upended when a frat moves in next door. For Byrne it continues her move into comedy, after a long stint doing mainly drama, like TV's Damages, as well as the occasional horror film (28 Weeks Later, Insidious). In fact, she's been doing films like Get Him to the Greek and Bridesmaids for so long, she might have forgotten how to be serious.

It's nice that you get to do your natural Australian accent for a change.

Initially, I thought it would be too jarring. Then I thought it could work for the character, because Australians tend to have a wild streak. It's a big drinking culture. There's Irish and Scottish and English descent. And (her character) is so irresponsible. She's not willing to grow up and thinks she can get away with the things she's doing.

She's also not the usual stereotype of the killjoy wife with a manchild husband.

We really wanted to not make her the stock nagging wife. "Don't go out to the party!" They even have a scene where they reference that, and he says, "You've got to be responsible, you're the



woman," and that misogyny. I think it made for a funnier film, making them a comedy duo rather than have them against each other.

This is a comedy, but like a lot of these Apatow universe comedies, it's about a real anxiety, and it doesn't pick sides between the couple and the frat.

I have friends, homeowners, who've seen it who find it really anxiety-inducing. Then again, kids who are 18 or 19 would probably find our characters really annoying. It represents both points of view. But I really see Teddy (the frat leader, played by Zac Efron) as quite villainous, because he's so manipulative and vain. And stupid as well. He's defining himself so greatly around this ridiculous role in this fraternity. Our characters are more bumbling. MATT PRIGGE

Or right around the corner.



Fourth time's a charm. Beverly Hills Cop 4 to hit the silver screen in 2016

The police comedy franchise will return to theatres in March, 2016 with Eddie Murphy in the title role once again, Paramount has indicated.

The franchise will be revived through this fourth instalment, which will arrive in theatres 22 years after Beverly Hills Cop 3. Eddie Murphy will reprise his legendary role as Axel Foley, the fearless, fast-talking cop.

For the fourth Beverly Hills Cop movie, the protagonist will leave sunny California to return to his hometown of Detroit.

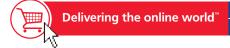
Jerry Bruckheimer and

Paramount are producing the feature, which will be helmed by Brett Ratner. The director behind the Rush Hour franchise worked with Eddie Murphy on the comedy Tower Heist in 2011.

Last season, Beverly Hills Cop nearly returned to the screen as a TV series, as CBS ordered a pilot for a comedy on the life of Axel Foley's son. The project hit a dead end, but Eddie Murphy's brief appearance in the pilot sparked a wave of enthusiasm for the character of Axel Foley.



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Wednesday, May 7, 2014

Revealing the abstract Under the Skin

Experimental film.

Director Jonathan Glazer's vision needs to be enjoyed as an experience of consciousness

CHRIS ALEXANDER scene@metronews.ca

There's a striking sequence in director Jonathan Glazer's 2004 psychodrama Birth in which his camera holds tight on the porcelain visage of actress Nicole Kidman. As opera swells on the soundtrack, we continue to hold while observing her run the gamut of emotion, climaxing with a shot of a single crystal tear streaking her cheek...

It's a moment of poetry, wordless and beautiful and its ominous grace is amplified throughout every minute of Glazer's latest film, Under the Skin. The movie stars Scarlett Johansson as a humanoid alien vampire, driving through the streets of Edinburgh hunting



for viral men whom she seduces and harvests as food for her planet. Or something. The picture is sparse on dialogue and narrative clarity and that's exactly what makes it such a profound — and disturbing —

cinematic experience.

"I think of it as an experimental film," Glazer says.

"There is no mastermind approach towards daring the audience. It's more just the nature of this particular story that

is challenging. What is challenging, I think, is once you commit to her experience, you're looking at it through her lens and in doing so, the film has to be told in the same perspective. So I think it's demanding,

Quoted

"I think its intention is to talk to the viewer at a level of consciousness."

Director Jonathan Glazer on Under the Skin

but it's like anything: If you're open to it, then hopefully you'll enjoy the ride. If you're not, then you won't."

Under The Skin is nothing if not divisive. Impossible to market (Is it a science fiction piece? A horror film? Existential drama?), the film is an absolutely singular experience and aside from Glazer's dedication to the abstract, it's Johansson's remarkable, uninhibited turn (she is often unclothed) as the outsider adrift in a world she/it does not understand that makes it so compelling.

"That really is just about casting," says the filmmaker.

"It's about looking out there and seeing who the right person for the character is and for Birth it was Nicole and for this one, it was Scarlett. She went into it with her eyes open and she understood that she was dealing with a character that had a bravery that needed to be matched by hers as an actress. You can't pull back from that. If you pull back from that then you're pulling back from the telling of the story."

Reminiscent of heady '70s films like Nicolas Roeg's The Man Who Fell From Earth, Under the Skin is a subjective experience. Because it never overplays its hand or offers much in the way of exposition, each viewer will react to it differently. Such was its creator's intent. "I think its intention is to talk to the viewer at a level of consciousness. We bypass the intellect when we listen to music or when we look at a painting. I think film is a fantastic medium to be able to do the same. In how it's trying to represent something kind of unimaginable — this infinite and alien entity - it's not something for words, really. It shouldn't be explained away. Our intention was to protect its alienness, to remain inscrutable from beginning to end.'

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SCENE 23

Everybody loves Ray ... at HBO. Romano cast in Martin Scorsese's latest series about a New York record label

The former Everybody Loves Raymond star Ray Romano will share the screen with Bobby Cannavale, Olivia Wilde and Juno Temple in Martin Scorsese's next series for HBO. The pilot will be shot this summer.

The untitled series will focus on Richie Finestra, a record executive seeking fresh talent and a new sound to revive his New York label. The cocainefuelled character experiences an exciting time in the music industry, starting in 1977, when disco is taking off and punk and hip hop are beginning to emerge.

Bobby Cannavale, who is known to HBO viewers for his role on Boardwalk Empire, was cast in the series' title role in June 2013. Since then, it has been revealed that the actor will be joined by Olivia Wilde, who will play his wife Devon, and by Juno Temple.

The latest addition to the cast, Ray Romano will play Zak Yankovich, Richie's right-hand man and confidant.

First mentioned in July 2010 under the working title History of Music, the series was initially slated to explore 40 years of music through the friendship of two industry players. But the premise of the series changed in October 2011 following the arrival of Terence Winter, the screenwriter known for his work on Boardwalk Empire and The Sopranos.

As he did for Boardwalk Empire, Martin Scorsese will direct the pilot for the new series, which he will co-produce with Mick Jagger. AFP



Rising Star

CTV to premiere new interactive talent show

Canadians will be able to vote alongside U.S. viewers when the singing competition Rising Star debuts this summer on CTV and ABC.

CTV has acquired exclusive Canadian broadcast rights to the show, which has become a hit in Israel.

From Keshet International and the executive producers of American Idol and The Voice, Rising Star will tally votes in real time through a free app available in Canada and the U.S.

The show sees aspiring singers, ranging from solo acts to groups, perform behind a giant wall of television screens displaying the faces of viewers at home. Competitors can see how they're doing in real-time — as viewers, judges and the studio audience vote, a live results meter reveals whether they're a hit or a miss.

When the votes reach a certain level, the screen in front of them slowly rises to reveal the performers.

Rising Star is set to premiere June 22 on CTV.

THE CANADIAN PRESS



Grey's Anatomy

Cast members sign on for two more seasons

Present from the very first episode of Grey's Anatomy, Justin Chambers (Alex Karev), Chandra Wilson (Miranda Bailey) and James Pickens Jr. (Richard Webber) are gearing up for potentially two additional seasons at Grey-Sloan Memorial Hospital in Seattle.

These original cast members will be joined by Sara Ramirez, whose character Callie Torres was introduced in season 2.

The four actors will appear in forthcoming episodes of the hospital drama alongside the protagonists Meredith Grey (Ellen Pompeo) and Derek Shepherd (Patrick Dempsey), whose participation was confirmed in January.

ABC has yet to officially renew Grey's Anatomy for its 11th season, although the news that the six main actors will return leaves little room for doubt. The network is expected to make an official announcement on the subject any day now. AFP





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R&B singer Ledisi opens up and tells The Truth

A fresh sound. Goldenvoiced singer goes pop on her new record

CHRIS JORDAN

What do Beyoncé, John Legend and Ledisi have in common?

They all performed at Michelle Obama's birthday party in January. For Ledisi, who has just released a new album called The Truth, it was, and it wasn't, just another day at the White House. The R&B singer has performed there multiple times.

"It's always the same feeling where I have an aha moment: 'Whoa, I can't believe I'm here," Ledisi says.

"(The President and Michelle Obama) make you feel so comfortable, it's like talking to friends or family members and they love music and people. They look you in the eye when they're speaking and you might be calm on the outside but inside, you're freaking out — they really appreciate my gift!"

The Obama-Ledisi connection became public in 2010 when Michelle Obama told People Magazine that "she's got that really pretty voice."

The voice, which has racked up eight Grammy nominations so far, should get broader appeal, thanks to The Truth.

The tracks have a bit

Quoted

"There are songs that will make you feel upbeat and songs about relationships that didn't work."

Ledisi, on her new album The Truth

more contemporary, poppier feel than the sultry ballads and jazzy excursions of her previous albums. The lead single, I Blame You, is an appealing mid-tempo R&B jam which showcases the soaring power of Ledisi's pipes.

"It's about wanting to open up to different audiences that I think I have been closed to," Ledisi says. "I wanted to open it up to younger audiences — if I've been ignoring them, it wasn't on purpose."

Ledisi, full name Ledisi

Anibade Young, is a New Orleans native who moved to Oakland in her teens. She started out on the indie route with 2000's Soulsinger: The Revival and her major-label debut was 2007's Lost & Found on Verve.

Now, it's time for The Truth.

"There are songs that will make you feel upbeat and songs about relationships that didn't work," Ledisi says. "I'm embracing who I am and who I've become." metronews.ca Wednesday, May 7, 2014 SCENE 25

Shani Mootoo explores the nature of identity

Finding belonging.

Inspired by her experiences growing up in Trinidad, Mootoo's latest novel examines gender identity

Celebrated Canadian writer Shani Mootoo says she always knew she would leave her native Trinidad.

An aspiring artist from a young age, the island didn't offer the higher levels of schooling she knew she would need to pursue her career goal. Then as she grew older, she didn't see herself being reflected in the country, feeling that as a woman she "was maybe too adventurous, too curious to be happy in a place like Trinidad."

"Then of course as I began to come out as lesbian, I realized I would have to live an incredibly closeted life," she said in a recent interview at the offices of Random House of Canada.

"When I came here to Canada, this was like 30 years ago, it's not as if I stepped into a new country where I could be free. There were a lot of struggles, but in Trinidad, I never met gay or lesbian people at that time."

Mootoo explores that urge to leave one's native country in order to find a sense of belonging in her new novel, Moving Forward Sideways Like a Crab (Doubleday Canada).

The story unfolds in the form of a memoir written by Jonathan Lewis-Adey, a Toronto writer who went to Trinidad nine years ago in search of his estranged parent, Sid. To Jonathan's surprise, he discovered Sid had transitioned from female to male and was living as Sydney.

As Jonathan reconnects with an ailing Sydney, he tries to understand why his father left him and his mother back in Toronto decades earlier, and why Sydney went through his gender reassignment.

Jonathan also attempts to piece together the relationship between Sydney and his close friend, a woman named Zain. He does this through conversations and his writing.

The book contains rich descriptions of the landscape and culture of Trinidad, a country Mootoo has written about in her previous novels, which include Cereus Blooms at Night. That book was a Scotiabank Giller Prize finalist

and made the long list for the Man Booker Prize.

Like Sid, Mootoo also left Trinidad for Canada solo, and she drew on her own experience of immigration as she crafted the novel.

"I think for people who immigrate on their own, without the armature of family to support them, I think it can be very, very lonely." she said. "Nobody knows who you are, nobody knows your history and, in a case like a person who is gay like Sid, there would've been more isolation."

"Because even if she at-

"Because even if she attached herself to people who were not family but to people who were other Caribbean people, the Trinidadian people and so on, the homophobia within those communities would further alienate her."

The Trinidad Mootoo describes in this novel is one with a bad economy and a high rate of crime, which she said reflects its current status.

"It was once a very lovely, safe place. It is now a dangerous place," said Mootoo, who is also a filmmaker and lives in the countryside outside of Toronto.

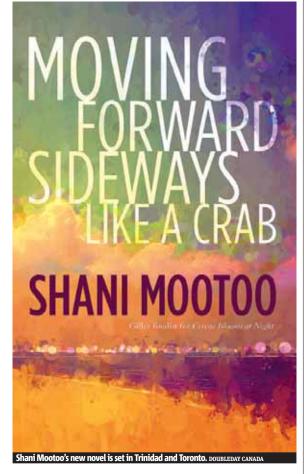
"It is a place that means a great deal to me, a place that I love that holds my earliest memories and has formed me in a lot of ways. I am profoundly disappointed with what has happened to Trinidad, and it's not as if the land disintegrated and people are standing on top of it and looking at it disintegrate and thinking, 'What's happening?' It's the people there who have allowed it to fall apart like that"

Mootoo said one of the things she was trying to get at with the novel is "that the falling apart doesn't only hurt the land but it hurts people in a number of ways."

"It's a place that, for all

"It's a place that, for all its carnival — how it likes to present itself to the rest of the world as a fun-loving, every creed and race finds an equal place, that's one of the lines in the national anthem — that's all fantasy. It's kind of hard to speak about a place that you love so much in these negative ways, but it's as if you want them to hear, you want them to hear that this is what they have become."

Mootoo focuses more on Sid's journey toward gender transition than on the medical process behind it—an approach she said was influenced



Quoted

"I don't know what the agenda really is to try to keep people in these narrow paths, and I think if anything needs surgery it's society, really."

Shani Mootoo, author on society's concepts of gender



GRAHAM DAVIES

by Virginia Woolf's Orlando.

"It's exquisite because there wasn't the medical journey, therefore there wasn't the medical language. But it was about passion and love and how to use language to move between genders."

Mootoo said she wanted to show the reader the consequences of changing the body, one of which is "what you leave behind, who you leave behind, who suffers because of this."

"The other thing that I cannot get my head around — and this is what this novel was, really, to try to help me to find a way through, was — is it really the person who has to do the gender reassignment or is it society that needs to change to make room, to allow there to be room for people who want to be any way they want to be?" THE CANDIAN PRESS

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Simple DIY for Mother's Day

Style gurus Steven Sabados and Chris Hyndman think all moms deserve to be pampered. They've shared these easy, cost-effective DIY projects to help you celebrate your own mom this Mother's Day. For more ideas, watch Steven and Chris weekdays at 2 p.m. on CBC.

ALL PHOTOS AND TEXT PROVIDED BY STEVEN AND CHRIS





Tulip Bulbs in a Vase

This classic spring flower will brighten up any Mother's Day celebration. Try some simple but dynamic presentations, here and at right.

You'll need:

- Potted tulips
- Flat bottom vase
- Clear glass stones or beads

Instructions:

1. Extract tulips from

2. Shake them out and wash soil away in a bowl of water.
3. Handle roots carefully to keep them intact. If bulbs are discoloured, peel them back like an onion to reveal new skin.

- 4. Add stones to bottom of vase.
- 5. Delicately place bulbs inside vase, spreading the roots.
- 6. Once you have 2-3 bulbs in place, add a few stones to anchor bulb and roots.
- 7. Keep layering stones until they're almost covering the bulbs.
- 8. Add cold water for a beautiful tulip bulb display.



Bunching Tulipsina Leaf-Wrapped Vase

You'll need:

- Fresh tulips
- Standard tapered glass vase
- Monstera and banana Leaves

Instructions:

1. Line inside of vase with the monstera and banana leaves.
2. Trim stems of tulips to fit, creating two bunches.

Tip: Cut the ends on a slant and they'll absorb water better.



Tulip Flutes

You'll need:

- Fresh tulips
- Clear tall flute vase

Instructions:

- 1. Measure tulips by placing them next to a tall flute vase. 2. Trim accordingly to different heights.
- 3. Add cold water to the vase.
 4. Strategically place three simple tulips in the flutes. Start with the shortest one and work to highest. Less is more; using three stems is what makes this arrangement sophisticated.

I (Heart) Travel DIY

This art project is a great way to say that your heart belongs to mom. Best of all, it will barely cost you a thing!

You'll need

- A colourful map
- A shadow box (from an art supply store)
- Scissors
- Cellophane tape

Instructions:

 Find an old map from a place you've travelled to together.
 Cut out a heart

2. Cut out a heart shape sized to fit the frame you plan to use.

3. Carefully crumple the heart, then un-crumple (for added texture).

4. Secure the heart with a piece

of tape to the back of the shadow box.



Participants Needed for Ragweed Pollen Exposure Study

Research volunteers are needed for a Ragweed Pollen Exposure Study. No investigational drug will be used

The study will run from May to early June 2014 and will consist of 4 to 5 appointments

Patient compensation for participation is up to \$1000.00





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Wednesday, May 7, 2014

DISH 27



Pregnant Megan Fox was 'constantly on the verge of vomiting' on TMNT set

Megan Fox admits that both her pregnancies with husband Brian Austin Green were complete surprises. "We can't let Brian near me anymore," she joked to Ellen DeGeneres during an interview. Joking aside, a pregnancy coming out of nowhere can be a bit stressful, especially if you're just starting production on Teenage Mutant Ninja Turtles, as Fox was. "It's an action movie and

requires a lot of running and jumping and stunts. Anyone that's been pregnant knows your first trimester can be pretty rough and you're nauseous all day long," she says. "The producers would come see me in the morning in the makeup trailer and I would be clinging to a box of saltines. We kept pickles in the refrigerator for me, and I was constantly on the verge of vomiting."

And it was all mellow: Chris and Gwyneth continue to pal around

For a husband and wife who are "consciously uncoupling," Gwyneth Paltrow and Chris Martin seem pretty cool about hanging out together, according to People magazine. Last month, they joined forces for son Moses' 8th birthday — and this was after heading to the Bahamas for a family vacation following the announcement they were splitting up. And now they've been seen together again during a group dinner at Il Ristorante de Giorgio Baldi

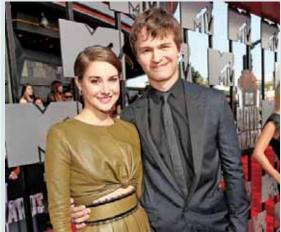


in Santa Monica, Calif., where sources spotted them smiling and laughing.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Ansel plays Shailene's bro in one film, lover in another

MELINDA TAUB

Usually, movie stars gush to the press that they can't believe how amazing their co-stars were. But Shailene Woodley, star of The Fault in Our Stars, is going around telling the press that she can't believe Ansel Elgort

was cast at all.

It's not as mean as it sounds. She's actually a big fan of his. Woodley, who plays a terminally ill teen in The Fault in Our Stars, also starred in the recent

dystopian thriller Divergent. In that film, Elgort played her brother, so Woodley was certain that their onscreen siblinghood would keep him from playing her love interest in TFiOS: the dreamy Augustus Waters.

"I actually didn't think

"I actually didn't think at first that he would get it, or that even if he was good that he wouldn't get it, because of our relationship in Divergent," Woodley told E! Online.

It is unusual to see that kind of incestuous casting in back-to-back films, but Woodley says Elgort's just that good. "Everybody in the room was sort of like, 'Wow,'" she said.

But it's going to make the next Divergent movie a little weird to watch. I'll keep expecting Tris to make out with her brother.



How to lose a friend in a few years (if you're Kate): become 'not a nice person'

Former BFFs Kate Hudson and Jessica Alba are reportedly not the friends they once were, and it's all due to Hudson's change in attitude when she started seeing Muse front man Matt Bellamy, according to Radar Online. "It made Kate believe she is rock 'n' roll royalty and the next Gwyneth Paltrow," a source says. "Kate

has wrecked the friendship, and Jessica pins the start of their troubles to the beginning of Kate's relationship with Matt a few years ago. Unfortunately, Kate has become not a nice person since she's been with Matt. It's sad, but Kate and Jessica's friendship is completely done. They used to be so close, too."

Twitter



@**ChloeGMoretz**btw, i was 100% the shortest girl at the #MetGala



@EmmaBunton

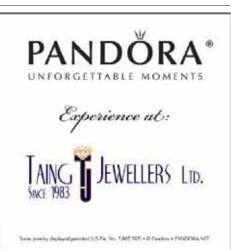
It's my gorgeous little boys 3rd birthday, time is going too fast!



@**justinbieber** Smiling everyday







Deserts and mountains and vineyards, oh my!

The Okanagan Valley.

Want to forget this brutal winter? This spring, take a trip through some of the nicest wine country in Canada

DOUGLAS PATON

There's something almost surreal about the view.

The snow-frosted mountain contrast starkly with the 20-plus-degree temperatures, blue skies and the cherry blossoms that surround you on the valley floor. But, from your vantage point, sitting on a winery patio with a glass of wine, and enjoying the weather in short sleeves and flip-flops, it's just what you need to shake off the winter blues from a season that felt like it was ushering in a new ice age.

Nestled between the Monashee Mountain range to the east and the Cascade Mountains to the west, British Columbia's Okanagan Valley is one of those places that makes Canada a truly unique country.

With summertime temperatures that push into the 40s, without even a hint of humidity, and winters that usually only drop below zero long enough to harvest icewine grapes, the Okanagan has become one of the best wine producing regions in Canada.

For those looking to spend a long weekend jump-starting the summer, and who want a chance to experience what the



wineries of the Okanagan Valley have to offer, there is no better time to visit than during the Spring Wine Festival, which runs until May 11.

For many of the wineries in the Okanagan, the festival, currently in its 20th year, is the perfect way to usher in the first crop of tourists for the year and to show off their new vintages. Many wineries host wonderful events ranging from food and wine pairings to grand soirées and it's possible to plan an entire weekend around those

For those who want a more self-guided tour, perhaps the single hardest decision you'll make all weekend is where to start. After all, there are over 200 award-winning wineries in the Okanagan, and you do only have three days.

Perhaps the best piece of advice I can offer is to find a central location and work from there. You're never really more than a hour's drive away from any one part of the Okanagan Valley, but the more centrally located you are, the less driving you have to do and the more wine you can enjoy.

Located approximately 60 kilometres to the south of the Kelowna airport, the town of Summerland offers up the perfect central location and the 14

wineries of the Summerland's Bottleneck Drive provide a fantastic sampling of what you can expect from the Valley, everything from award-winning sparkling wines to small-batch wines that sell out almost as soon as they're offered up for

Like many places in the Okanagan, Summerland is not only about the wine. The Kettle Valley Steam Railway offers a scenic tour through vineyards, orchards and gulches and, for the hikers, you can't beat the view from the top of Giant's Head Mountain, almost smack dab in the middle of town.

Heading south from Sum-

- The Spring Wine Festival. Runs May 1-11 thewinefestivals.com.
- Summerland's Bottleneck Drive. bottleneckdrive.com.
- Kettle Valley Steam Railway. kettlevalleyrail.
- BC VQA Wine Information Centre. pentictonwineinfo.com
- Oliver-Osoyoos Winery Association. oliverosoyoos.com.

merland takes you past the wine country B.C. VQA Wine Information Centre in Penticton – which sells wine from many B.C. wineries and can help you plan out your route — through Oliver's Golden Mile and down into Canada's only desert region. The heat from the Northern tip of the Sonoran Desert helps the winemakers from the Oliver-Osoyoos Winery Association grow bold red wines.

Like all good things, every visit to the Okanagan must come to an end and, if you're like most people, you'll probably find yourself thinking, "I really wish I'd bought just one more bottle of wine to share with my friends back home.' Rest assured, the Kelowna Airport has you covered with the only wine shop located beyond security in Canada. And, yes, you can take any wine you buy at the airport wine shop on the plane with you.









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Eco-luxury. Kick back and relax at one of these luxe lodges in Central America being green never felt so good



ANDREW JOHN VIRTUE DOBSON dobbernationloves.com Follow @metrotoronto

Looking to do something a little different with your beach and jungle vacation this year?

Nicaragua, a relatively undiscovered tropical country of active volcanoes and lakes, supports age-old cultures and boasts wildlife wonders like monkeys, macaws and the occasional jaguar.

Today the eco-luxe resort concept is trending across the country, offering visitors with a heart for ecotourism and love of luxury the prettiest paradise.

Irene Edwards is the founder of award winning adventure travel company Greenspot Travel and describes the eco-luxe experience as "the art of combining comfort and a certain level of pampering service with immersion in nature, while integrating a strong element of caring and preserving for the natural environment and traditional cultural heritage.

Just a short boat ride from the colonial town of Granada, Jicaro Island Ecolodge offers spectacular views of towering Mombacho Volcano on Lake Nicaragua.

In under 10 minutes one can tour the small private island, which includes a wee sandy beach, sun-drenched yoga deck, boutique spa, breezy dining room and refreshing turquoise pool.

The experience here is intimate, a perfect honeymoon destination for those looking to romance themselves.

The island is dotted with just nine, two-storey casitas, which certainly wow.

A plush king-sized bed can be found upstairs while a spacious living room on the main floor connects to an outside deck where a comfy hammock offers the perfect place to put your feet up and enjoy jaw-dropping

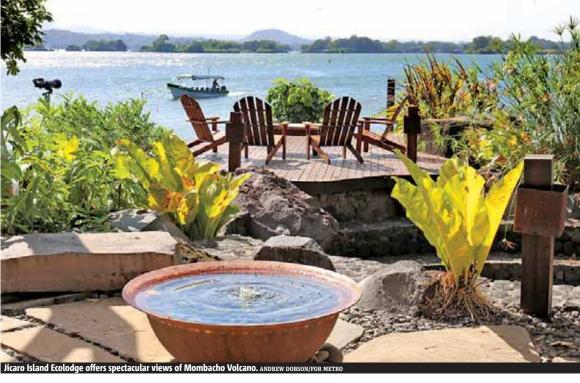
Morgan's Rock can be found on the shores of the Southern Pacific Coast of Nicaragua, a short 20-minute drive from the care-free surf town of San Juan del Sur.

Located on a 4,000-acre expanse of jungle, nearly half of the resort is a government protected re-

The huge property plays home to just 15 bungalows, which offer guests stunning views over a private mile long beach.

Enjoy "the luxury of zy" by working on your tan at the pool, swaying in a hammock on the beach, or sipping a tart margarita (or two).

Those looking for an adventure are spoiled for choice as friendly tour guides offer a menu of daily excursions such as horseback riding along the beach at sunset and bird watching via kayak through a mangrove forest.



- Greenspot Travel. greenspot.travel
- Jicaro Island Ecolodge. jicarolodge.com
- Morgan's Rock. morgansrock.com

Be sure not to miss Breakfast on the Farm, where guests milk cows for coffee, fetch eggs to fry and slap together tortillas to create their very own authentic Nicaraguan

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Bucket List



Sailing on the Bosphorus

All the great waterways of the world have their enclaves of amazing homes. But when it comes to the wooden Ottoman waterfront mansions that line the infamous Bosphorus Strait, separating the European and Asian sides of Istanbul, Turkey, you're in for some prime sail-by gawking. These "yali" are generally secondary "beach" houses, built between the late 1690s and the early 1900s by wealthy families of the region. On the rare occasion when one goes on the market, the ticket price ranges an astronomical \$85 million to \$200 million, with the reasoning being, according to a tour guide, that "there are many houses to buy in this world, but only one Bosphorus.'

DOUG WALLACE/METRO

Live like a local when you're abroad

Authentic travel. Want to get a true taste of local culture? Here are some tips for stepping off the tourist track



ON THE MOVE Loren Christie life@metronews.ca

Having an experience that feels authentic to the destination is often a highlight of any holiday. But how does a tourist find those secret spots and have interactions that make them feel less like an outsider?

Book alternative accommodation. Instead of a hotel, stay somewhere that's off the tourist track, consider a bed and breakfast, check into a university residence (during the summer months) or rent a house in a residential neighbourhood.

You will be more exposed to the rhythms of everyday life taking out the garbage, chatting with the neighbours or shopping at the local grocery store.

Avoid the usual suspects. Ask a shopkeeper, waiter or stranger on the street where their favourite neighbourhood haunt is, whether it's a café, bar or restaurant.

Clarify that you are willing to travel and not necessarily looking for something close by. Don't ask the hotel concierge as they are often trained to send you to places designed to serve tourists.

Pick up a local entertainment paper and search the current listings for exhibits, clubs or concerts.

Do something on vacation that you would normally reserve for home. Go ahead and cheat on your stylist and get a haircut at that 1950s era barbershop on the corner, work out at the local gym or go to a church service. Watching people worship is an intimate cultural experience that can give great insight into a destination. Confirm in advance that you are welcome to participate, either actively or from the sidelines.

Also ensure that you are dressed appropriately; the last thing you want to do is offend someone.

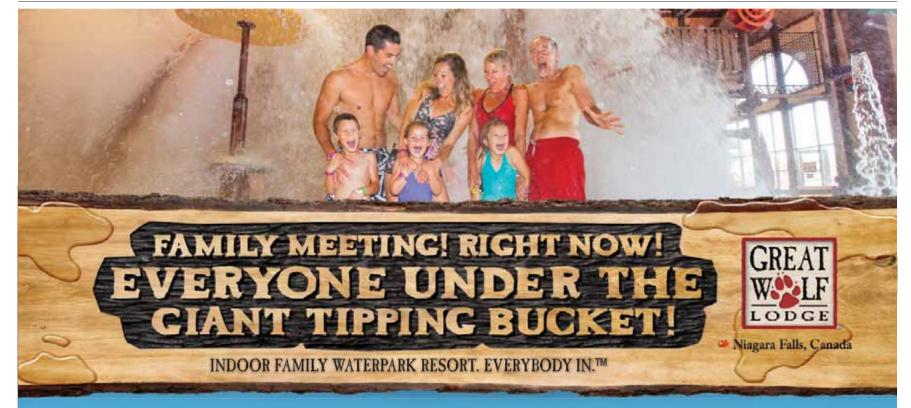
Find your tribe. If you have a hobby that you love, whether it's knitting, books or cycling, try and hook up with like-minded locals. Research your destination for clubs, enthusiasts' groups or the local hangout. It's not only a great way to see a new destination, but meeting people who share common interests increases your chances of a striking up a conversation, which could lead to other tips, advice and discoveries.

Take it online. Many the trip-sharing advice sites like TripAdvisor.com are useful in helping you find those hidden gems.

Follow the Twitter handle of the city that you're visiting for updates on local events or download one of the numerous apps that offer insider opportunities.

EatWith, for example, connects travellers interested in a home-cooked meal with a host willing to welcome them in to their private dining room.





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How-to



Jazz up your travel experience

- 1. You don't have to sleep at the fancy hotels to enjoy them. Pop by for a drink at the bar before you head out for dinner.
- 2. Ditto brunch (such as at Cecconi's Miami Beach, above). Or even better, high tea.
- 3. Triple ditto if the posh hotel has a nightclub that's on the DJ circuit.
- 4. Some hotels will let you hang out at their pool for the day for a small fee, especially in areas with a high density of tourists.
- 5. Swank hotel lobbies make for excellent peoplewatching and that's free. DOUG WALLACE/METRO

Trend



CONTRIBUTED/EDEN ROC

Canadian women travel more

Chalk another one up for the importance of "me time." A new survey from hotel-finding giant Booking.com reports that Canadian women travel solo more often than women in any other country except Australia, with whom they are tied. A whopping 76 per cent said they have headed to the airport alone before. Escaping their daily lives tops the lists of reasons respondents gave (at 62 per cent), with spa holidays, beach escapes and shopping trips voted as the preferred travel themes.

DOUG WALLACE/METRO

Deal



Aeroplan hooks up with Shop.ca

Aeroplan announced last week it has signed a deal with Shop.ca that will allow Aeroplan members to earn travel miles on purchases they make at the popular online marketplace. Perks include free shipping and returns — and for a limited time, Aeroplan members can earn 15 miles for every dollar they spend on their first purchase at Shop.ca. Keep an eye out for the regular special deals that will inevitably ensue.

DOUG WALLACE/METRO

Egypt. Officials hope replica King Tut tomb will spur on dwindling tourism

Egypt on Wednesday inaugurated an exact replica of the tomb of King Tutankhamun in the desert valley where many of its ancient pharaohs were buried, aiming to protect the 3,300-year-old original from deterioration caused by visiting tourists.

The facsimile, in an underground chamber not far from the original in the Valley of the Kings, recreates the tomb down to minute detail. Spanish and Swiss experts recreated the elaborate wall murals using a 3D scanning technology. In the middle of the burial chamber stands a rectangular rock setting where in the original King Tut's sarcophagus and mummy once rested.

In a hall between the burial chamber and an antechamber hang photos and explanations of the discovery of the tomb and its treasures in 1922 by British archaeologist Howard Carter.

Egyptian tourism officials, who unveiled the replica Wednesday alongside foreign dignitaries, are hoping the exhibit will help revive a tourism



industry that has been heavily battered by the country's unrest since the 2011 uprising that toppled autocrat Hosni Mubarak.

A pillar of the Egyptian economy, tourism plunged by more than 30 per cent in 2011 and, after slowly building back the following year, was heavily hit again by a wave of violence surrounding the military's ouster last summer of Islamist Ourism officials have said rev-

enues in the first three months of this year fell 43 per cent from the same period in 2013, down to around \$1.3 billion.

The 18th Dynasty King Tut has long been a major draw of tourists to Egypt — both his tomb in the Valley of the Kings on the western bank of the Nile opposite the southern city of Luxor, and the golden treasures uncovered in it, most of which are now in the Egyptian Museum in Cairo.

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metronews.ca Wednesday, May 7, 2014

Bringing up bigger bucks to the boss

You raise me up? If the amount you're getting paid doesn't quite make cents to you, it may be time to mention it to upper management

RIANA TOPAN

TalentEgg.ca

Settling into your first "real" job can take some time —there's a steep learning curve while you adjust to the ways of the working world.

As an entry-level worker, one of the more difficult lessons that you'll need to learn is about how to manage your salary expectations

Your worth as an employee is based on many factors: your level of responsibility, work experience, level of education, skill set and accomplishments, any awards or extra credentials you've earned and the contribu-



tions you make to the overall success of the company.

Your salary will also usually be determined, at least in part, by the industry you work in, your location and your employment benefits (if any).

So how are you to know what you should be earning?

Do your homework

Research similar positions, within similar industries and in similar geographic

Career Education

areas, to determine the average pay for the kind of work you do.

Pay close attention to job descriptions — the salaries you research should be for positions with duties and a level of responsibility akin to yours — and keep track of the market data you collect to use later in your negotiations. Certain websites, like PayScale.com, are a good starting point because they provide average salaries for

Arm yourself with info

Anticipate potential counter-arguments

funding, or other benefits.

www.algonquinacademy.com

Think about the possible reasons you may be declined a

raise. For example, your boss might say that they don't have

the money in the budget right now, to which you could re-

spond by offering a creative (read: non-monetary) solution,

such as extra paid vacation days, professional development

Be sure to present these alternatives in a collaborative way.

a range of positions and industries.

Evaluate your performance What have you brought to

your position and to the organization you work for?

What have you done well? What have you learned since taking on your position?

How do you go above and beyond what's expected of you?

Knowing how to answer

these questions is key to being able to demonstrate that you deserve a raise. Keep an ongoing record of your accomplishments and any positive feedback you receive regarding the work you do to help you prove your value to your employer.

Ask for a (timely) meeting

If possible, find out when your employer does salary reviews or makes budget decisions and ask for a meeting to discuss your professional goals a few months prior.

If this isn't possible, you can still increase your chances of success by scheduling the meeting after you've done something well or during a relatively low-stress period. If things are particularly busy, focus on doing excellent, dependable work instead of agitating for a raise — this contribution will be valuable later.

State your case

You're finally ready to have "the talk." Tell your employer that you asked for this meeting to discuss your compensation because you believe you deserve a raise.

Share the research you've done about typical salary ranges for comparable positions and talk about your strong performance so far and how you bring value to your position.

Be respectful but confident. Emphasize that you look forward to continuing to grow with the organization. Explain why you have earned a raise, not why you need one.

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metronews.ca. Wednesday. May 7, 2014

Grilling made fancy: Pesto Salmon

Quick dinner. This dish is easy enough for a weeknight meal and sophisticated enough for a entertaining guests



DINNER EXPRESS Emily Richards food@metronews.ca

Looking for a fast dinner for the week that can double for a fun weekend get together?

This is the one.

Salmon is so fast and easy to grill up and enjoy during the week, but also a great meal to share with friends.

This simple but elegant supper also uses fresh inseason asparagus to showcase great colour, texture and crispness right off the grill.

With a hint of lemon, it's the perfect accent to the salmon. Steam up your favourite fragrant rice to round out your plate or better yet, change it up and serve it all over a bed of greens.

Pesto
• 2 tbsp (30 ml) light mayonnaise

• 2 tbsp (30 ml) chopped fresh

• 1 tbsp (15 ml) store-bought

• Pinch freshly ground black

basil or sundried tomato pesto

Italian parsley

or Dijon mustard

pepper and salt

FLASH FOOD



From your fridge to your table in 30 minutes or less

Cooking tips

- Fish Options: This mixture is delicious on halibut, marlin, tuna or trout.
- Helpful Hint: The skin left on the fillets is helpful because as it crisps up, the fish stays moist and the fish doesn't fall apart.
- Tip: Look for tight firm tips of asparagus when making your selection and cook thin spears less while the thicker asparagus may need a touch more on the grill. Grill up a few extra to chop and add a handful to your salads or stir into tuna or egg salad sandwiches for added flavour and colour.

Get your grill ready and try out this inspiring recipe to get you in the mood for summer.

1. In small bowl, whisk

FINISH ABOUT 15

• 4 boneless salmon fillets, skin on (about 600 g total weight)

Grilled Asparagus

- 1 lb (454 g) asparagus spears
- 1 tsp (5 l)) extra-virgin olive oil
- 1/4 tsp (1 ml) black pepper2 tbsp (30 ml) fresh lemon
- Lemon wedges

together mayonnaise, parsley, pesto, pepper and salt. Spread evenly over top of salmon; set aside.

2. Grilled Asparagus: Snap tough ends of asparagus off and discard. Toss spears with oil and pepper.

3. Place fillets and asparagus on greased grill over medium-high heat. Close lid; cook 10 minutes or until

fish flakes easily when tested with a fork and asparagus is tender crisp. Drizzle asparagus with lemon juice.



King of all mushrooms

King oyster mushrooms are large and cylindrical, unlike the smaller and more commonly known oyster mushroom, which is frilly and ragged. Try this tasty stir-fry as a side.

1. Pour water to depth of 1/2-inch (1 cm) into large frying pan. Bring to a boil. Add green

beans; cook for 3 to 4 minutes or until almost tender. Drain and set aside.

2. In small bowl, stir together black bean garlic sauce, chili garlic sauce, soy sauce and 1/2 cup (125 ml) water. Set aside.

3. Dry frying pan with paper

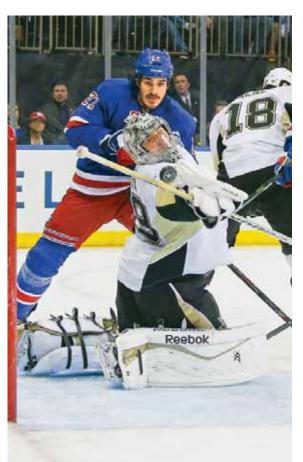
towel. Add oil; heat over medium-high heat. Add mushrooms; stir-fry 1 minute. Stir in ginger; stir-fry for 30 seconds. Stir in green beans and black bean sauce mixture. Cover and cook for 1 to 2 minutes, stirring occasionally, or until mushrooms are tender and sauce is absorbed. PRESIDENT'S CROICE

Ingredients

- 10 oz (300 g) green beans,
- trimmed (about 4 cups/1 l)
 1 tbsp (15 ml) black bean garlic
- 1/2 tsp (2 ml) chili garlic sauce
- 1/2 tsp (2 ml) light soy sauce1 tbsp (15 ml) canola oil
- 1 pkg (200 g) PC King Oyster

Mushrooms, halved lengthwise and cut in quarters crosswise
• 1 tbsp (15 ml) julienned ginger

Penguins' 'Flower' is blooming in May



Marc-Andre Fleury of the Penguins makes a save as Rangers forward Brian Boyle looks on during Game 3 of the Eastern Conference semifinal series on Monday night at Madison Square Garden. BRUCE BENNETT/GETTY IMAGES

NHL playoffs. After Fleury's back-to-back shutouts, Pens looking formidable in Round 2

Before this Eastern Conference semifinal series, the one spot where the New York Rangers seemingly had a clear advantage over the Pittsburgh Penguins was in goal with Henrik Lundqvist.

The King has been good for three games, but Penguins counterpart Marc-Andre Fleury has gone from shaky question mark to star of the series with shutouts on consecutive days.

Suddenly Pittsburgh is dominating, and its 2-1 series edge feels a whole lot wider.

"He is 10 out of 10," defenceman Kris Letang said Tuesday. "For the guys in the dressing room, Flower has always been our go-to guy that shows up every night and gives us a chance to win.

"Since the playoffs began, he has been our best player."

Letang is hardly alone in

Letang is hardly alone in that assessment.

Since a 3-2 overtime loss in Game 1, Fleury has been perfect. He stopped 22 shots in Pittsburgh's 3-0 home win in Game 2 on Sunday and followed that with a stellar 35-save performance in the Penguins' 2-0 victory at Madison Square Garden on Monday.

"I felt good out there. Confident," Fleury said. "We didn't want to give them much, and we didn't."

Forget about the guy who faces constant criticism, or the one who seemed to be crashing and burning during the first round against Columbus.

Through it all, Fleury keeps bouncing back.

"I have won a lot of hockey games with Marc-Andre Fleury in net," Penguins coach Dan Bylsma said. "There are questions from when he was 17, 18, whatever. They have been asking those questions for a long time, and he has done nothing but answer those questions."

That wasn't the case a year ago when Fleury had a miserable first-round series against the New York Islanders and lost his starting job to veteran Tomas Vokoun.

After time with a sports psychologist last summer, Fleury regained his starting spot. Now he is the biggest reason the Penguins are two wins away from a return trip to the conference finals.

"To see your goalie confident like that, on top of his game, you see everyone is calm," said Penguins captain Sidney Crosby, whose first goal of the playoffs made it 1-0 in Game 3. "(The Rangers) get a chance, he makes a save, and we move on."

THE ASSOCIATED PRESS

NBA

Warriors tire of Jackson drama

The Golden State Warriors have fired Mark Jackson, ending the franchise's most successful coaching tenure in the past two decades but also one filled with drama and distractions

The Warriors went 47-35 last season and had a memorable run to the second round of the playoffs, and they were 51-31 this season before losing to the Los Angeles Clippers in the first round.

THE ASSOCIATED PRESS

NHL

Laviolette lands with Predators

The Nashville Predators hired Peter Laviolette, who becomes only the second head coach in the franchise's history, on Tuesday.

He coached Carolina to a Stanley Cup in 2006 and took Philadelphia to the Stanley Cup finals in 2010. THE ASSOCIATED PRESS

NHL playoffs



"I was mad, and I'm still mad. I want to

win, and when we don't win, I get mad."

Anaheim captain Ryan Getzlaf, whose Ducks are trailing the Kings 2-0 in their Western Conference semifinal series going into Thursday night's Game 3 in Los Angeles

CFL. Burris chomping at the bit to get football season started

Ottawa's new CFL franchise has unveiled its uniforms, which put a fresh twist on a familiar colour scheme.

The Redblacks' expansion home jersey is predominantly black with red trim, while the away jersey is white black strips down the sides. Those colours have a long association with professional sports teams in the nation's capital going back to the original Rough Riders football franchise and the "barberpole"-style jerseys of Ottawa's famed Silver Seven and original Senators hockey teams.



The players' numbers and the lettering on their names feature stylized axe notches, a nod to the city's history as a lumber town.

Veteran quarterback Henry Burris gave the uniforms a thumb's up and also spoke of the chemistry in the locker room that developed at the team's mini-camp in Virginia. "It was a great opportun-

"It was a great opportunity for us not only to build our team on the field, but also get to know guys off the field," he said.

"This is going to be a great group of guys that are going to work hard together, sacrifice, do things that it's going to take for us to have success on the field."

THE CANADIAN PRESS



metronews.ca Wednesday, May 7, 2014 **SPORTS**

NBA. OKC's Durant wins first MVP trophy over LeBron, Blake Griffin

Kevin Durant has plenty of scoring titles. Now, he finally has an MVP trophy to go with

The Oklahoma City Thunder star won the NBA's top individual honour Tuesday, grabbing 119 first-place votes. Miami's LeBron James, who had won the last two MVP awards and four of the previous five, finished second with six first-place votes and Blake Griffin of the Los Angeles Clippers was third.

Durant, a 6-foot-9 forward, won his fourth scoring crown in five years this season by averaging 32 points per game. He helped the Thunder finish the regular season with a 59-23 record, second-best in the league, despite playing much of the season without three-time All-Star Russell Westbrook by his side because of a nagging knee

"He's been the most consistent guy all season long," Westbrook said at the end of the regular season. "He's done a great job of leading us to where we are now. He's basically put himself in front of everybody else in the league and shown that he's the best player in the

Durant's run of 41 consecu-



"Much respect to him and he deserves it. He had a big-time MVP season."

SUE OGROCKI/THE ASSOCIATED PRES

MVP runner-up LeBron James

tive games this season with at least 25 points was the third longest streak in NBA history. In all, he scored at least 40 points 14 times. He also averaged 7.4 rebounds and a careerhigh 5.5 assists while shooting 50 per cent from the field.

THE ASSOCIATED PRESS



Toronto 'all in' on Raps coach Casev

Three-vear deal.

GM, coach planned on new deal long before team's playoff run

Dwane Casey has been carrying around a contract in his briefcase for the past few months, signed by all the Toronto Raptors and the team's staff.

The contract, just two or three lines long and some-thing that "wouldn't hold up in court," Casey said laughing, was a pledge of commitment. Its headline: "I'm all in."

Perhaps no one was more committed than Casey to the

Raptors' success this season, and on Tuesday, the 57-yearold coach was rewarded with a new three-year contract. The announcement came two days after Toronto's season ended, but a couple of months after GM Masai Üjiri first approached the coach to get a deal done.
"Coach Casey was really

classy because he said to me and he said to the players, 'Let's leave this and concentrate on the season, this is our chance to prove ourselves," Ujiri said, recounting his initial contract talks with Casey back in March.

"He said, 'If I've preached that to the players, then I owe it to them to continue this and we'll talk about (contract ne-

Off the market

"I didn't even give it a second thought. My heart is here, my mind is here."

Dwane Casey, on signing elsewhere.

gotiations) after the season.' I really give him credit for that."

Casey led a young Raptors team to a remarkable and unexpected season that included a franchise-record 48 wins, an Atlantic Division title, and the No. 3 seed in the playoffs. Toronto pushed the vastly experienced Brooklyn Nets to seven games in the opening round, losing Game 7 by just a point.

Casey said he drew up his "I'm all in" pledge right after the February all-star break. In their next game, the Raptors recorded a big 103-93 win at Washington.

"(It was about) committing to the process. Leaving their egos at the door," said Casey, who said he might have the contract framed. "Each player dedicated themselves, gave themselves to the season, and also as far as I'm concerned to the future. Because this year was just a start of what we want to grow and develop with Masai as our leader and also the guys that are coming back

THE CANADIAN PRESS



Raonic revved up in Madrid

Milos Raonic plays a forehand against France's Jeremy Chardy in their second-round match of the Madrid Open on Tuesday. Raonic won his opening match, defeating Chardy, of France, 6-3, 6-3 in just over an hour, Raonic, from Thornhill, Ont., fired 11 aces and did not have a double-fault, CLIVE BRUNSKILL/GETTY IMAGES



GM Ujiri looks to stay the course

The euphoric feeling Raptors fans have today after the best regular season in franchise history and a compelling playoff series needs to be tempered with one cold, hard fact.

General manager Masai Ujiri is not about to make any grand splashes this summer so his team can make another seismic jump up the standings.

He remains steady as she goes, fully aware there may be hiccups in the process.

"To me, there is not going to be any crazy decisions, there is no quick fix," he said at the news conference to announce a new three-year contract for coach Dwane Casey. "We are a growing team and we're going to grow gradually.

'I really don't care what the expectations are, the way to build in the situation we are in is to continue to give our young players the opportunity, to try and draft well and whichever

players we sign, we make sure we figure out the right players

Ujiri did, however, make it clear that re-signing free agent point guard Kyle Lowry was a priority. Lowry emerged as the team's leader and heart, to let him walk now would be a huge

"I think we'll be fair with Kyle and we'll figure it out We're optimistic stuff will happen." TORSTAR NEWS SERVICE

Ever notice tennis players make funny faces as they hit the ball? Scan the image with the Metro News app to see a collection from Tuesday's action at the Madrid Open.



Wise customers read the fine print: * *, *, *, *0, \$ The Month of the Ram offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after May 1, 2014. Offers subject to change and may be extended without notice. All pricing includes freight (\$1,695), air taxx (applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer carges and other applicable fees and taxes. Financing and lease offers available to qualified customers on the retail purchase/lease of any 2013/2014 Ram 2500/3500 models (excluding Cab & Chassis models) and 2014 Ram 1500 (excludes Reg Cab models) and is deducted from the negotiated price after taxes. Eligible customers include current owners/sesses of a Dodg so nam pickup truck. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before May 1, 2014. Proof of ownership/lease agreement will be required. Additional eligible customers include licensed tradesmen and those working towards Skilled Trade certification. Some conditions apply. See your





retailer for complete details. "Consumer Cash Discounts are deducted from the negotiated price before taxes. †4.29% purchase financing for up to 96 months available on the new 2014 Ram 1500 Quad Cab XXT 4x4 (23A+AGR) models through RBC, Scotlabank and TD Auto Finance. Retailer order/trade may be necessary, Example: 2014 Ram 1500 Quad Cab 4x4 SXT (25A+AGR) with a Purchase Price of \$26,295, with a \$0 down payment, financed at 4.29% for 96 months equals 208 bi-weekly payments of \$150 with a cost of borrowing of \$4,816 and a total obligation of \$31,111.33. GFinance Pull-Ahead Bonus Cash and 1% Rate Reduction are available to eligible customers on the retail purchase/lease of select 2014 Chrysler, Jeep, Dodge, Ram or Flat models at participating retailers from May 1 to June 2, 2014 inclusive. Finance Pull-Ahead Bonus Cash will be deducted from the negotiated price after taxes.

1% Rate Reduction applies on approved credit to most qualifying subvented financing transactions through RBC, 10 Auto Finance and Scotlabank. 1% Rate Reduction cannot be used to reduce the final interest rate below 9%. Eligible usctomers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or Flat models with an eligible standard/subvented finance or lease contract maturing between May 1, 2014 and June 30, 2017. Trade-in not required. See retailer for complete details and exclusions. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. #Based on 2014 Ener Guide highway fuel consumption value automatic — Hwy; 7.1 L/100 km (40 MPG) and City; 10.2 L/100 km (28 MPG). • With as low as 7.1 L/100 km (40 MPG) highway, ±Best-selling based on IHS Automotive; Polk Canadian lene we whicle registrations through October 2013 for large diseal pickups under 14,000 lbs GVW. Longevity based on 3500/F-350 full-size pickups. "The Sirius MM looi is a repistered trademark of Sirius MM Stellite Radio Inc.

- Type. Four-door, all-wheel drive compact sedan
- Engines (hp). 2.5-litre DOHC horizontally opposed fourcylinder, turbocharged (305)
- Transmissions. Six-speed manual
- Base price (incl. destination). \$40,000

Market position

The STI exists in an ultraexclusive rally-race niche bracket where the only direct competitor is the Mitsubishi Evolution. And that model's upcoming retirement leaves only hot hatchbacks to compete against.

Points

- · Redesign results in the most attractive STI yet
- No change in base engine, but with 305 horses there's no urgent need for any improvement
- Six-speed manual is the only transmission. Perhaps it's time for an automated manual option
- No more Mitsubishi Evo after 2014 is sad news for fans of this genre, but give



the STI free reign

Safety

DRIVE

Front airbags; side-impact airbags; side-curtain airbags; driver's knee airbag, anti-lock brakes; traction control; stability control.

A ride on Subaru's wilder side





Mitsubishi Evolution Base price: \$43,600 Fast, but dated Lancer-based rally machine will sadly be



Nissan Juke Nismo RS Base price: \$30,000 Fun and funky small hatch is plenty peppy with 215 horses to play with.



Mini Paceman JCW Base price: \$41,200 Sporty all-wheel drive mode looks good and puts out 207 horsepower.

Review. With beefedup suspension components, this rallyracer-inspired model means business

MALCOLM GUNN

The WRX STI's continued existence confirms that Subaru's somewhat conservative image is at least partly a myth.

rally-racer-inspired model is an integral member of the automaker's performance lineup that includes the lowerechelon WRX and the BRZ sport coupe. All three mix it up in dealer showrooms alongside

more mainstream Legacys, Outbacks and Imprezas.

In full-on racing trim, the STI has achieved legendary status as one of the leanest, meanest cars ever to duke it out on the World Rally Championship stage. Although not exactly the same car, the 2015 street edition should provide plenty of thrills.

The redesigned sedan is more stylish, punctuated by the new grille, a hood with functional scoop, and flared fenders that integrate more smoothly with the rest of the body. The WRX STI and its tamer WRX sibling will no longer also be offered as hatchbacks.

Of course the STI still has an available rear wing that doesn't serve any real purpose Well, what do you expect from a car that's basically a street version car? Firm seats, flat-bottomed wheel and lots of jutting trim pieces. ically a street version of a rally

in everyday driving, but it's an iconic badge of honour for any Subie enthusiast and provides some necessary downforce for owners who occasionally venture forth on the racetrack.

The new model is only

slightly longer and wider than the previous version and adds three centimetres between the front and rear wheels and five more centimetres of rear-seat legroom. The car weighs about five kilograms less than before.

Subaru has focused on handling and agility improvements for the STI with a stiffer chassis and faster-acting power steering. As well, the suspension components and the Brembobrand brakes have been beefed

Left untouched is the STI's turbocharged 2.5-litre fourcylinder engine that makes 305 horsepower and 290 poundfeet of torque. It's connected to a six-speed manual transmission that includes Incline Start Assist, which is a feature that prevents the car from rolling backward on a hill as your right foot transitions from the brake to the gas pedal. Fuel consumption, at 12.3 1/100 km in the city and 8.6 on the highway, is slightly better than before.

metronews.ca Wednesday, May 7, 2014 metr⊕ **DRIVE**



Ford F-150 serves up futuristic twist on headlights

Autobahn for All

Sales Event

Save an Save an additional until June 2

on our most popular models, including the TDI Clean Diesel.**





2014 Jetta · Class-leading trunk space[†]

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*Limited time finance purchase offer available through Volkswagen Finance, on approved credit. Base MSRP of \$16,385/\$26,600 for a new and unregistered 2014 Jetta 2.0L / Tiguan 2.0T base model with 5/6-speed manual transmission, including \$1,395/\$1,610 freight and PDI, financed at 2.9% APR for 84 months equals 182 bi-weekly payments of \$84/\$139. \$1,764/\$3,230 down payment. Cost of borrowing is \$1,467/\$2,428 for a total obligation of \$17,052/\$28,528. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **\$1,000 available on cosh purchose, finance or lease (through Volkswagen Finance, on approved credit) of a new and unregistered 2014 Jetta, Tiguan and certain TDI Clean Diesel models. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end June 2, 2014 and are subject to change or cancellation without notice. †Based on a comparison of other 2013 and 2014 models available at the time of publication, in the compact sedan class. Models shown: 2014 Jetta 1.8 TSI Highline, \$25,490 / Tiguan 2.01 Highline R-Line, \$40,190. Vehicle mobe exactly as shown. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Jetta", "Tiguan" and "Autobahn for All" are registered trader of Volkswagen AG. © 2014 Volkswagen Canada.

Light-emitting diodes.

New LED lights not only energy-efficient but also long-lasting

MCINTOSH

Back when cars were first developed, they used gas lanterns, or sometimes even candles, to light their way along dark roads. Today's vehicles need bright headlights so drivers can see and be seen, but these lamps also need to be long-lasting and energyefficient.

When Ford launches its all-new F-150 later this year, it will be the first production pickup truck to use LED headlights, one of the newest developments in headlight technology. The name is short for light-emitting diodes.

"It is creating light through electronic means," says Mahendra Dassanayake, senior technical leader for opto-electronics at Ford. "You can customize it to help with vision."

Incandescent and halogen headlights contain a filament that gets hot enough to emit light. High-intensity discharge (HID) headlights, also called xenon lights, use an electrical arc between two tungsten electrodes to heat up vapour inside the lamp, creating light.

LED lights use semiconductor chips to produce light. On Ford's lamps, the chips emit blue light, which is filtered through a phosphor material to make it appear white. A unique lens, cut with 16 optical surfaces and 80 facets, magnifies the light and spreads it evenly, so only one LED is required for each lamp.

The semiconductor chips heat up to about 50 degrees Celsius, so they're used with an integrated heat sink, a channelled holder that dissipates heat. The lens itself

All about LEDs

- LED headlamps are relatively expensive, but they're expected to last more than five times longer than halogen head-
- LED lights are already used extensively in vehicles, including in taillights and interior lighting.
- The F-150's headlamps also include a thin LFD. tube that outlines the lamp for a unique signature appearance.

doesn't heat up, unlike halo-gen or HID headlights, which get hot. In a halogen lamp, the bulb itself gets as hot as 600 degrees Celsius, Dassanayake

Because the lamps stay cool, they won't melt snow that accumulates when driving in winter. Ford is working on special surface coatings that should help to reduce any

It's also important for headlamps to use as little power as possible, since the electricity is ultimately generated by the engine, and any power draw decreases fuel economy. The LED lamps are more than 50 to 60 per cent more energyefficient than halogen lamps, and about 30 per cent more than HID headlamps. "It will improve as time goes on," Dassanayake says. "This is technology at its basic inception."

The new lamps are also more robust than other types, which is especially important in a pickup truck. Excessive vibration from off-road bumps or rough roads can shorten the lifespan of the filament in an incandescent or halogen bulb, but isn't an issue in an LED lamp, which doesn't use a filament. "I think LED is going to be the future of lighting, Dassanayake says.

"I think LED is going to be the future of lighting."

Mahendra Dassanayake, senior technical leader for opto-electrics at Ford

See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

metronews.ca Wednesday, May 7, 2014 **PLAY** 39

16

19

43

↑ Aries

March 21 - April 20

Keep your eyes and ears open today because if you don't you may miss out on an opportunity to have fun. With Mercury moving strongly in your favour, your mind will be sharp and strong, giving you a major advantage over your rivals.

Taurus April 21 - May 21

You must be positive today. Both in your personal life and at work there is a lot at stake and you need to know what you want — and have the courage to reach out and take it.

∐ Gemini

May 22 - June 21

Start believing that you have what it takes to make a difference. Now that Mercury, your ruler, is moving into your sign, the doubts of the past few weeks will be swept away.

9 Cancer

June 22 - July 23

The things you fear the most are the things from which you have least to fear. Seep that into your subconscious. The planets indicate nothing out there in the world can hurt you.

€ Leo

July 24 - Aug. 23

The message of the stars is you must allow friends and family members to make more decisions for themselves. Over the past few weeks you have insisted on taking the lead. It's time to give others a chance.

W Virgo

Aug. 24 - Sept. 23

You won't lack for opportunities today but don't just throw yourself at the first one that comes along. Identify what it is you most want to accomplish and wait for the right offer.

△ Libra

Sept. 24 - Oct. 23

You may have been too fixed in your opinions of late but with mind planet Mercury moving in your favour, you will get the chance to review your beliefs and adjust them to fit reality.

M Scorpio Oct. 24 - Nov. 22

Over the next two or three days you will find it easier to come to grips with a financial matter that has been keeping you awake at night. Once you find the real problem, you will also find the courage to deal with it.

Sagittarius Nov. 23 - Dec. 21

Others don't have to lose out just so that you can win. Your task today is to find creative ways in which to further your own ambitions while helping others get what they need.

り Capricorn

Dec. 22 - Jan. 20

You have changed so often in recent weeks that you may no longer be sure which way is up, but that's OK. On the work front at least you will know without a doubt what needs to be done next. So do it.

≫ Aquarius Jan. 21 - Feb. 19

Now that Mercury, planet of the mind, is moving into your fellow Air sign of Gemini the mental turmoil of the past few weeks will fade away. You can make things easier for yourself by not worrying so much.

H Pisces

Feb. 20 - March 20

You may have to give up something that means a lot to you but you won't mind too much. You will be happier still if people just leave you alone for a while. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

(Answer to "Where's Vancouver?")

5. Popular cartoonlike icon in digital communication 10. Dijon's country, to

- the IOC 13. "That hurts!"
- 14. Fruit type
- 15. Vancouver band, The Whale
- 16. Insect nests 17. Gradual loudness increase in music, for
- short
- 18. Purplish 19. Toronto: Yonge Street splits this Avenue into East and
- West 21. "The Newlywed Game" host Bob
- 23. "Yuck!"
- 24. Tune line
- ∠5. "____ Replay" by Rihanna
- 28. "Hee
- 29. "Disaster __ " on
- HGTV Canada 33. Over-fed =
- 34. Actress Debi
- 36. Clark Gable film setting
- 37. Seeded
- 38. Hawaiian Crow 39. 'Gen' finisher
- (Basic) 40. Baby branch 41. 'The King', in
- Spanish: 2 wds. 42. Lounge around
- 43. Building exten-
- sion 45. 'Vigor' suffix 46. Quebec, 'La
- Province' 47. Norwegian kings
- 49. Zoologist's foot 50. "When I'm with
- You" Canadian band 53. Receive warmly
- 57. Ping-_
- 58. Western flick 60. Ancient author

38

62

65

- 61. House's gutter locale 62. Arctic boat
- 63. Peel 64. Sarcastic
- 65. Onion kins 66. Dash
- **Down**

Sudoku

How to play

- 1. Particles
- 2. Night: French 3. Alphabet sequence
- 4. Coast Salish actor (b.1899 - d.1981) from North Vancouver
- who co-starred with Clint Eastwood in
- #8-Down: 3 wds.
- 5. Host an event
- 6. Seas: French
- 7. Flamenco exclama-
- tion!
- 8. "The Outlaw (1976)
- 9. Obtain

- 15. NASA's Kepler:

- 20. Whopper 22. Tender
- 24. Statue of Lib-
- erty poet, Emma ___
- (b.1849 d.1887) 25. Macaroni
- 26. "Liquid Dreams"
- TV-created band
- 27. stock
- aoods)

- 35. Jamie Foxx movie
- 44. Gladiator's 41
- 48. Run __ of (Con-

- 53. Tired

- 59. Affiliation

39

63

48

est deity

Moranis 12. Tangy quaffs

2 wds.

10. Human/goat for-11. Canadian star Mr. (Recently-arrived 28. Toronto attraction, Hockey 30. Festive song 31. Canadian singer/ pianist Diana 32. Room: French 34. Ms. West 46. "The Fresh Prince -Air" flict) 49. Benefits 50. Disgorge 51. Rime 52. Greenly admire 54. Shape sort 55. Ms. Sorvino 56. Paradise

Yesterday's Crossword

| | | | | | | 100 | | | | | 10. | 115. | 4.1 | 16. |
|-----|-----|----|-----|------|-----|-----|------|-----|----|----|-----|------|-----|-----|
| -18 | - 1 | F | T | | . 3 | _14 | 1 | T | | -6 | E | L | - 1 | D |
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| H | 10 | 0 | - 5 | | 1 | U | n | 0 | 1 | .4 | .3 | - 1 | 0 | N |
| 'n | T | 0 | | "A | R | T | | Sk. | 0 | 53 | | | | |
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| 8 | | L | M | A | | 'n | 0 | | 4 | | 4 | D | - 1 | 7 |

row, every column and every 3x3 box contains the digits 1-9. There is no math involved. sterday's Sudoku

Fill in the grid, so that every

| 2 | 4 | 1 | 3 | 9 | 7 | 6 | 8 | 5 |
|---|----|---|---|---|---|---|---|---|
| 6 | 8 | 7 | 1 | 4 | 5 | 9 | 2 | 3 |
| 3 | 9 | 5 | 8 | 6 | 2 | 4 | 1 | 7 |
| 1 | 2 | 6 | 9 | 5 | 3 | 7 | 4 | 8 |
| 4 | 3 | 9 | 7 | 2 | 8 | 1 | 5 | 6 |
| 5 | 7 | 8 | 6 | 1 | 4 | 2 | 3 | 9 |
| 7 | -1 | 2 | 5 | 3 | 6 | 8 | 9 | 4 |
| 9 | 6 | 3 | 4 | 8 | 1 | 5 | 7 | 2 |
| 8 | 5 | 4 | 2 | 7 | 9 | 3 | 6 | 1 |

| | 1 | 6 | 3 | | | 8 | | |
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| | 9 | | | 4 | | 2 | | |
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| | 5 | | | | 8 | | | |
| | | | 2 | | 9 | | 8 | |
| | | 5 | | 3 | | | 9 | |
| | | 4 | | | 5 | 7 | 1 | |

Today



Thursday



Sunny

Know what the weather will be 14 days from now.

Check the 14 day trend.



18°/10°

The Weather Network 2014

Tangerine⁷





FINANCING

HURRY! INVOICE PRICING ENDS MAY 31st

*Dealer is reimbursed a holdback amount included in invoice price by the manufacturer for each vehicle sold.







ACCENT L 4-DOOR MANUAL. DEALER INVOICE PRICE INCLUDES \$783 IN PRICE ADJUSTMENTS⁰, FEES (UP TO \$499), DELIVERY AND DESTINATION.





SANTA FE SPORT 2.4L FWD. DEALER INVOICE PRICE INCLUDES \$1,316 IN PRICE ADJUSTMENTS[®] FEES (UP TO \$499), DELIVERY AND DESTINATION.

plus get $0^{\%}$ financing for 96 months

5 YEAR

5-year/100,000 km Comprehensive Limited Warranty^{tt} 5-year/100,000 km Powertrain Warranty WARRANTY 5-year/100,000 km Emission Warranty

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